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27 NOV 2019

THE OPEN UNIVERSITY OF SRI LANKA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF NURSING  
ACADEMIC YEAR 2018/2019 – SEMESTER II



19

BACHELOR OF SCIENCE HONOURS IN NURSING  
NGU5404 MATERNAL, NEONATAL & GYNECOLOGICAL NURSING - LEVEL 5  
FINAL EXAMINATION

DATE: 27<sup>TH</sup> NOVEMBER 2019

TIME: 1.30 PM – 4.30 PM

INDEX NO: .....

Part B – 10 Matching Questions (10 marks)

Match the phrases given on the Left column with most relevant words given on the Right column. Put the letter corresponding to your response in the brackets in INK.

Left		Right
1. Psychological response during third trimester of pregnancy	( )	A. Cardiotocography
2. Prevent from sexual activities during ovulation time	( )	B. Inadequate contractions
3. Delayed puberty can be caused by	( )	C. Hypothyroidism
4. For a proper use of vacuum delivery	( )	D. Cystocele
5. Electronic fetal monitoring is carried out by	( )	E. Culdoscopy
6. Umbilical cord attach to	( )	F. Periodic abstinence
7. Menarche before normal age of girls	( )	G. Chorionic plate
8. Downward protrusion of the bladder to vagina	( )	H. Head engaged
9. Examine the ovaries and fallopian tubes	( )	I. Precocious puberty
10. First stage of labour may be delayed due to	( )	J. Birth preparation
		K. Vaginal prolapse
		L. Colposcopy



**Question 2**

**(10 marks)**

Birth is considered as one of the most vulnerable and critical situation for the baby. At this stage, the dependent inutero life of a baby is converted to an independent exutero life.

Necessary actions, reliable immediate care and routine care are compulsory requirements for the successful transformation and stabilization of the baby's condition.

2.1 List **five (5)** components of APGAR score.

**(2.5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

2.2 Briefly describe the routine care of a new born baby.

**(5 marks)**

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2.3 Write **five (5)** danger signs of a newborn baby.

**(2.5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

**Question 3**

**(10 marks)**

Complete cessation of menstruation is called as menopause. Cessation of menstruation occurs gradually with the period first becoming irregular and then stopping altogether making the end of a women's reproductive life.

3.1 List **five (5)** signs and symptoms of menopause

**(2.5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

3.2 Write **five (5)** possible causes for menopause.

**(2.5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

3.3 Briefly describe the nursing management of a menopausal client.

**(5 marks)**

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**Question 4**

**(10 marks)**

A 27 year old primi pregnant woman in 38 weeks of gestation is admitted to antenatal ward with a previous diagnosis of pregnancy induced hypertension (PIH). On admission, it was found that her blood pressure was 160/110mmHg, having generalized edema, weight gain of 4kgs in last two weeks, proteinuria 3+, visual disturbances and exaggerated tendon reflexes. Patient also complains of headache, nausea and epigastric pain.

4.1 What is the possible diagnosis for above woman? **(1 mark)**

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4.2 Define the above disease condition mentioned in 4.1. **(2 marks)**

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4.3 List **three (3)** maternal complications and **three (3)** fetal complications of above disease condition. **(3 marks)**

Maternal complications	Fetal complications
I.	I.
II.	II.
III.	III.

4.4 Briefly describe how do you plan and manage the delivery of above woman. **(4 marks)**

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