07 MON 2019

## THE OPEN UNIVERSITY OF SRI LANKA FACULTY OF HEALTH SCIENCES DEPARTMENT OF NURSING ACADEMIC YEAR 2018/2019 – SEMSETER II



BACHELOR OF SCIENCE HONOURS IN NURSING
NGU5404 MATERNAL, NEONATAL & GYNECOLOGICAL NURSING - LEVEL 5

DATE: 27 <sup>TH</sup> NOVEMBER 2019	TIME: 1.30 PM – 4.30 PM
	INDEX NO:

## Part B - 10 Matching Questions

FINAL EXAMINATION

(10 marks)

Match the phrases given on the Left column with most relevant words given on the Right column. Put the letter corresponding to your response in the brackets in INK.

Left		Right
1. Psychological response during third trimester of pregnancy	( )	A. Cardiotocography
2. Prevent from sexual activities during ovulation time .	( )	B. Inadequate contractions
3. Delayed puberty can be caused by	()	C. Hypothyroidism
4. For a proper use of vacuum delivery	( )	D. Cystocele
5. Electronic fetal monitoring is carried out by	( )	E. Culdoscopy
6. Umbilical cord attach to	( )	F. Periodic abstinence
7. Menarche before normal age of girls	( )	G. Chorionic plate
8. Downward protrusion of the bladder to vagina	( )	H. Head engaged
9. Examine the ovaries and fallopian tubes	( )	I. Precocious puberty
10. First stage of labour may be delayed due to	( )	J. Birth preparation
		K. Vaginal prolapse
		L. Colposcopy

Part C – Short Answer Questions (SAQ)  Answer all questions within the given space.	(40 marks)
Question 1	(10 marks)
Labor is the process by which the fetus, placenta canal. The process of normal vaginal delivery is	
	(3 marks)
1.2 Briefly describe the steps that you have to fol vaginal delivery.	(5 marks)
	·
1.3 Write two (2) maternal complications and two	o (2) fetal complications of labor. (2 marks)
Maternal complications	Fetal complications

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Question 2	(10 marks)
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Birth is considered as one of the most vulnerable and critical situation for the baby. At this stage, the dependent inutero life of a baby is converted to an independent exutero life.

Necessary actions, reliable immediate care and routine care are compulsory requirements for the successful transformation and stabilization of the baby's condition.

2.1	List five (5) components of APGAR score.	(2.5 marks)
I.		
II.		
III.		
IV.		
V.		
2.2	Briefly describe the routine care of a new born baby.	(5 marks)
•		······
,	<u> </u>	
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		••••••
2.3	Write five (5) danger signs of a newborn baby.	(2.5 marks)
	I	
I	I	
II	I	
	V	
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## Question 3

(10 marks)

Complete cessation of menstruation is called as menopause. Cessation of menstruation occurs gradually with the period first becoming irregular and then stopping altogether making the end of a women's reproductive life.

	st five (5) signs and symptoms of menopause	(2.5 marks)
I.		
3.2 W1	rite five (5) possible causes for menopause.	(2.5 marks)
I.		
II.		*************************
III.		•••••
IV.		
V.		• • • • • • • • • • • • • • • • • • • •
	efly describe the nursing management of a menopausal client.	, ,

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## Question 4

(10 marks)

A 27 year old primi pregnant woman in 38 weeks of gestation is admitted to antenatal ward with a previous diagnosis of pregnancy induced hypertension (PIH). On admission, it was found that her blood pressure was 160/110mmHg, having generalized edema, weight gain of 4kgs in last two weeks, proteinuria 3+, visual disturbances and exaggerated tendon reflexes. Patient also complains of headache, nausea and epigastric pain.

.1 What is the possible diagnosis for above			(1 mark)
2.2 Define the above disease condition men	tioned in 4.1.		(2 marks)
4.3 List three (3) maternal complications ar			
condition.			(3 marks)
Maternal complications		Fetal complication	S
I.	I.		
II.	II.		
III.	III.		
1.4 Briefly describe how do you plan and m	nanage the de	livery of above woman.	(4 marks)
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Part D -	- Short Essay Question (SEQ)	(20 marks)
Answer	within the given space.	
Questio	n 1:	
Mrs. Nii	oshi, a 24 year old primi mother is admitted to the postnatal ward 1	8 hours ago. Now
	early puerperal period after having a normal vaginal delivery. Writ	
	nanagement in the period of puerperium under the following categ	_
I.	Assessment	(4 marks)
II.	Four (4) nursing diagnoses according to the priority order	(4 marks)
III.	Two (2) Nursing interventions for each diagnosis	(4 marks)
IV.	Discharge education	(8 marks)
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