

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2018/2019 – SEMESTER I & II



BACHELOR OF SCIENCE HONOURS IN NURSING
NSU4402 PRIMARY HEALTH CARE II - LEVEL 6
FINAL EXAMINATION

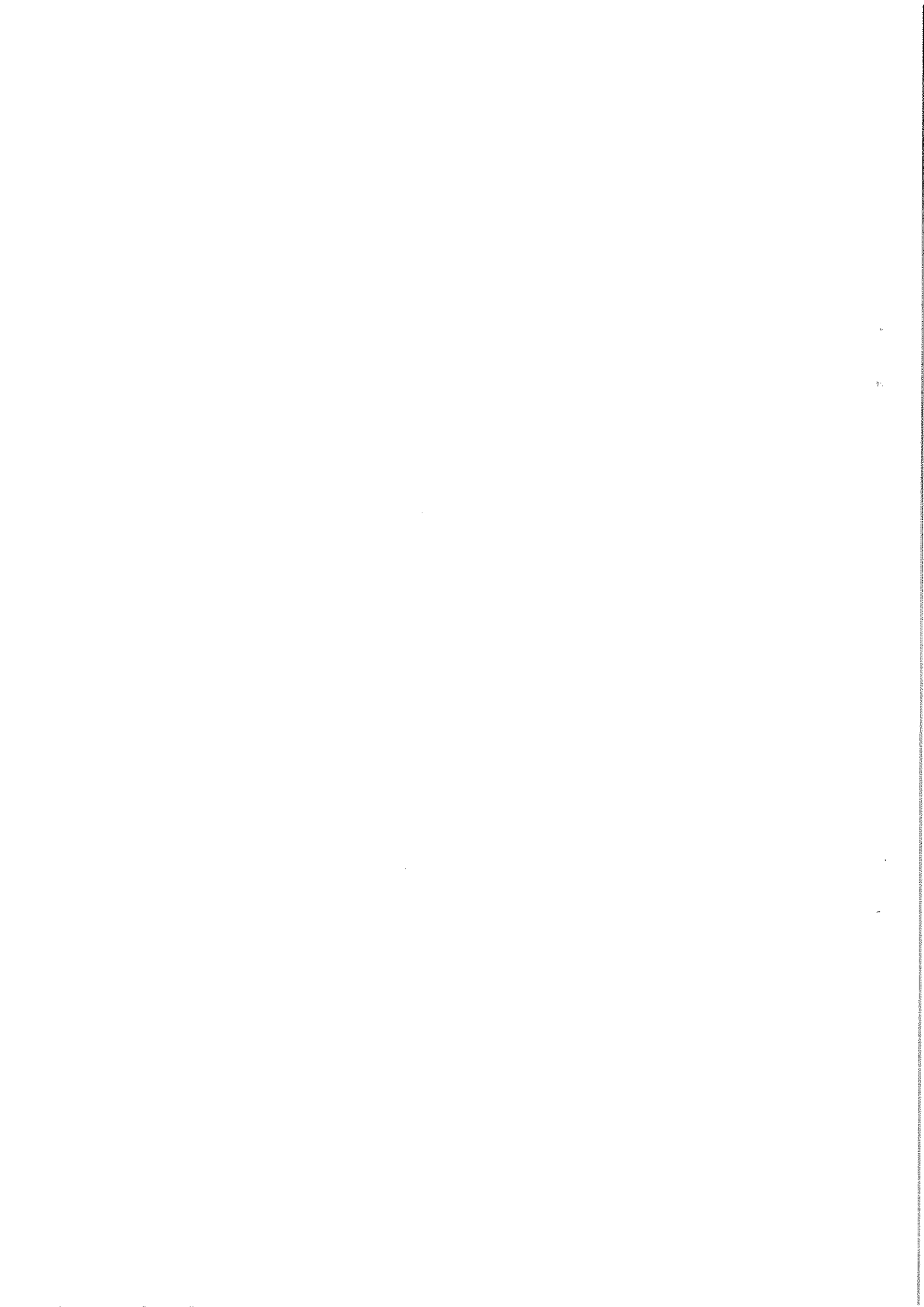
DATE: 28TH NOVEMBER 2019

TIME: 01.30 PM – 04.30 PM

Part B – 10 Matching Questions (10 marks)

Match the phrases or words in Right Column with Left Column. Indicate the letter corresponding to your response in the brackets in **INK**.

Left	()	Right
1. Hyperpigmentation of the abdominal midline	()	A. Egocentrism
2. The ability to grasp objects between the fingers and opposable thumb	()	B. Directs the subordinates regarding what is to be done and how is to be done.
3. The tendency of children to view their environment only in terms of their own point of view	()	C. Decrease the risk of heart attaches and stroke
4. Socio-cultural acceptability.	()	D. Prehension
5. Gestational Diabetes Mellites (GDM)	()	E. Linea nigra
6. Hormone Replacement Therapy (HRT)	()	F. Kalutara
7. Autocratic leadership	()	G. Alma Ata Declaration
8. First Health Unit	()	H. Animism
9. Intradisciplinary team	()	I. Established in 1979
10. National Institute of Health Sciences (NIHS)	()	J. Chloasma
		K. Macrosomia
		L. Composed of members of the same profession



Part C - Short Answer Questions (45 marks)

Answer within the given space.

Q1. A 38 year old mother at her 24th weeks of gestation was presented at the hospital complaining of headache, edema and blurred vision. Initial assessment was done, and a Blood sample was taken for the investigations. After examining by the Medical Officer at the ward, she was diagnosed as having Pregnancy Induced Hypertension (PIH).

1.1 Define the term Pregnancy Induced Hypertension (PIH) **(03 marks)**

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.....

1.2 Name the biological risk factor of this mother to categorize as a high risk pregnancy. **(02 marks)**

.....

1.3 Write down **THREE (03)** management strategies for a mother with a high risk pregnancy. **(06 marks)**

I.

.....

II.

.....

III.

.....

1.4 After the investigation results obtained, her hemoglobin (Hb) level was appeared at a low level. As the nursing officer of the ward, mention **TWO (02)** questions/assessments that you are going to ask from this mother. **(04 marks)**

I.

.....

II.

.....

(Total = 15 marks)

Index Number

Q2. Master Ashen is a 16 year old O/L student living in a school hostel. He weighed 80kg and his height is 1.6 m. He had once tried to take high dose of Paracetamol due to fear of his forthcoming exam. Medical diagnosis of the student was severe depression.

2.1 Calculate the Body Mass Index (BMI) of Master Ashen. **(03 marks)**

.....
.....
.....
.....

2.2 Name the main nutritional problem of Ashen. **(01 mark)**

.....

2.3 State **TWO (02)** main factors that can be affected the Eating patterns of adolescents. **(02 marks)**

I.

II.

2.4 List **THREE (03)** symptoms of severe depression. **(03 marks)**

I.

II.

III.

2.5 Briefly describe the nurses' role in patients with depression **(06 marks)**

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.....
.....

(Total = 15 marks)

Index Number

Q3. Community Nurses can play an important role in societal health problems in a country.

3.1. List **FIVE (05)** major societal health problems in Sri Lanka. **(05 marks)**

- I.
- II.
- III.
- IV.
- V.

3.2 List **THREE (03)** factors that influence in developing the community health nursing practice. **(03 marks)**

- I.
- II.
- III.

3.3 Name **THREE (03)** main Sri Lankan Non Government Organizations (NGO) that are currently functioning in the country **(03 marks)**

- I.
- II.
- III.

3.4 Nurses can contribute to the community health of a country as an individual or as a member of the healthcare team. Mention **TWO (02)** advantages of the team approach in community health. **(04 marks)**

- I.
- II.

(Total = 15 marks)

Index Number

Part D – Short Essay Question (SEQ) (15 marks)**Answer all the questions in the provided papers.****Q1.** School as an educational institution, takes a very important place in the community.

- a) Explain the components of a school health programme **(07 marks)**
- b) Explain the Nurses' role in improving health among school children. **(08 marks)**

(Total = 15 marks)