

THE OPEN UNIVERSITY OF SRI LANKA
DIPLOMA IN EARLY CHILDHOOD AND PRIMARY
EDUCATION PROGRAMME – LEVEL 03
FINAL EXAMINATIONS – 2009
ESD 1134 – CURRICULUM STUDIES AND PRACTICUM –
HEALTH NUTRITION AND SAFETY MEASURES



DURATION: TWO (02) HOURS

Date : 17th May 2009

Time: 2.00 p.m. – 4.00 p.m.

Answer any Four (04) questions.

01. i. What are the aims of giving first aid in an emergency. (05 marks)
- ii. Describe the first aid to be given during the following situations.
a) When boiling water spilled over the body of a child.
b) Bleeding from a small wound. (10 marks)
- iii. Describe how you would look after a small child suffering from fever. (10 marks)
02. i. What do you mean by “Immunity”? (05 marks)
- ii. Describe how the immunity developed in the body. (05 marks)
- iii. Describe the National Immunization programme prevailing in Sri Lanka. (05 marks)
- iv. Explain the symptoms of the following diseases.
(a) Chicken pox
(b) Thread worm infection. (05 marks)

03. i. Explain the factors which affect the development of mental health of a child.
(10 marks)
- ii. Describe the important features that are essential in a well organized pre-school in order to develop the mental health of children.
(15 marks)
04. i. What are the special nutrient that should be included in a pregnant woman's diet.
(05 marks)
- ii. What food items should be included in order to provide these nutrients.
(05 marks)
- iii. Write short notes about the following.
a) Nutritive value of breast milk.
b) Factors to be considered in weaning a infant.
(15 marks)
05. i. Prepare a day's menu for a 3 year old malnourished child.
(05 marks)
- ii. Discuss reasons for your choice of food.
(10 marks)
- iii. Describe the good health and food habits that should be inculcated in child of this age.
(10 marks)
06. Write brief notes on the following.
- a) Children's food patterns and over nutrition.
- b) Consumption of vegetarian food.
(12 ½ x 2 = 25 marks)

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