

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING

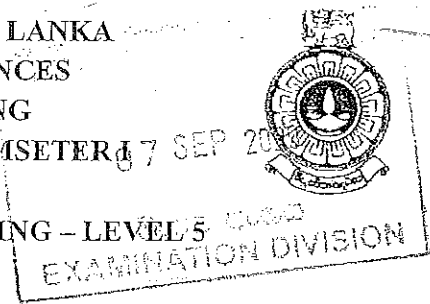
ACADEMIC YEAR 2019/2020 – SEMESTER 1

BACHELOR OF SCIENCE IN NURSING HONOURS

NGU5300 – THEORETICAL ORIENTATION IN NURSING – LEVEL 5

FINAL EXAMINATION

DURATION: THREE HOURS



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PART B - Matching Questions**(10 marks)**

Match the phrase given on the column I with the **most suitable** phrase or word given on the column II. Write the relevant 'letter' given in front of each phrase or word on the right side, in the given space (within brackets).

	Column I		Column II
1.	Accepting consequences of one's own behaviour	()	a. Nursing care plan
2	Nurses should at all times maintain standards of personal conduct	()	b. Nursing diagnosis
3	An educational tool to help achieve patient centred nursing	()	c. Self-actualization
4	Guides the work of others and be a basis for continuity of care	()	d. Code of ethics
5	Feelings of self-worth and feelings of competence	()	e. Independent nursing actions
6	About the client's strengths, problems or needs	()	f. Accountability
7	Activities performed using your right to make decisions as a nurse	()	g. Holistic approach in nursing
8	Develop a trusting relationship with client and assist to develop sense of hope	()	h. Self-esteem
9	Develop one's fullest potential	()	i. Responsibility
10	Enables nurses to identify many underlying reasons for clients' health problems	()	j. Nursing process
			k. Supportive nursing interventions

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Part C – Short Answer Questions (SAQs)**(40 marks)**

Part C consists of two (02) SAQs. Both questions are compulsory and answer all parts within the given spaces.

Question 01

Mrs. Fernando, an 86-year-old female was admitted to your ward complaining of with loss of appetite, vomiting, abdominal pain and constipation. She was conscious and rational. Her vital signs on admission were; BP-110/80mmHg, Pulse – 88/m, Respiratory Rate – 24/mm and Body Temperature-104°F. Physical examination revealed a distended abdomen that is very tender on palpation. She will be kept nothing by mouth. She was prescribed intravenous fluid.

(a). Write four (04) subjective data gathered from above assessment of Mrs. Fernando.

(04 marks)

(i).....

(ii).....

(iii).....

(iv).....

(b). Write four (04) objective data gathered from above assessment of Mrs. Fernando.

(04 marks)

(i).....

(ii).....

(iii).....

(iv).....

(c). Write three (03) actual problems experienced by the patient.

(06 marks)

(i).....

(ii).....

(iii).....

(d). Write three (03) nursing diagnoses based on her potential problems.

(06 marks)

(i).....

(ii).....

(ii).....

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Question 02

(a). As given in Neuman's Systems Model, client is surrounded by several lines of defense to protect him from stressors. Explain three (03) major lines of defence **(09 marks)**

(i).....
.....
.....

(ii).....
.....
.....

(iii).....
.....
.....

(b). Interpersonal Relations Model was developed by the nursing theorist Hildergard Peplau. Write three (03) phases of Interpersonal Relations Model. **(03 marks)**

(i).....

(ii).....

(iii).....

(c). Client advocate is one of the important roles that nurses have to play. State three (03) major responsibilities of the nurse as a client advocate. **(03 marks)**

(i).....
.....

(ii).....
.....

(iii).....
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(d). Write five (05) causes to restrict the professional freedom of nurses in Sri Lanka. **(05 marks)**

(i).....

(ii).....

(iii).....

(iv).....

(v).....

Part D – Structured Essay Question (20 marks)

Answer the given question.

According to Dorothea Orem, nursing systems are classified depending on the nature of relationship carried out between nursing system and patients' system. As Orem explained, there are three types of nursing systems.

(i) Name three (03) nursing systems explained by Orem. **(06 marks)**

(ii) Identify a client you have given care in your clinical setting. Apply one of the nursing systems you have mentioned in (i) to this client describing how the care was provided. **(14 marks)**