

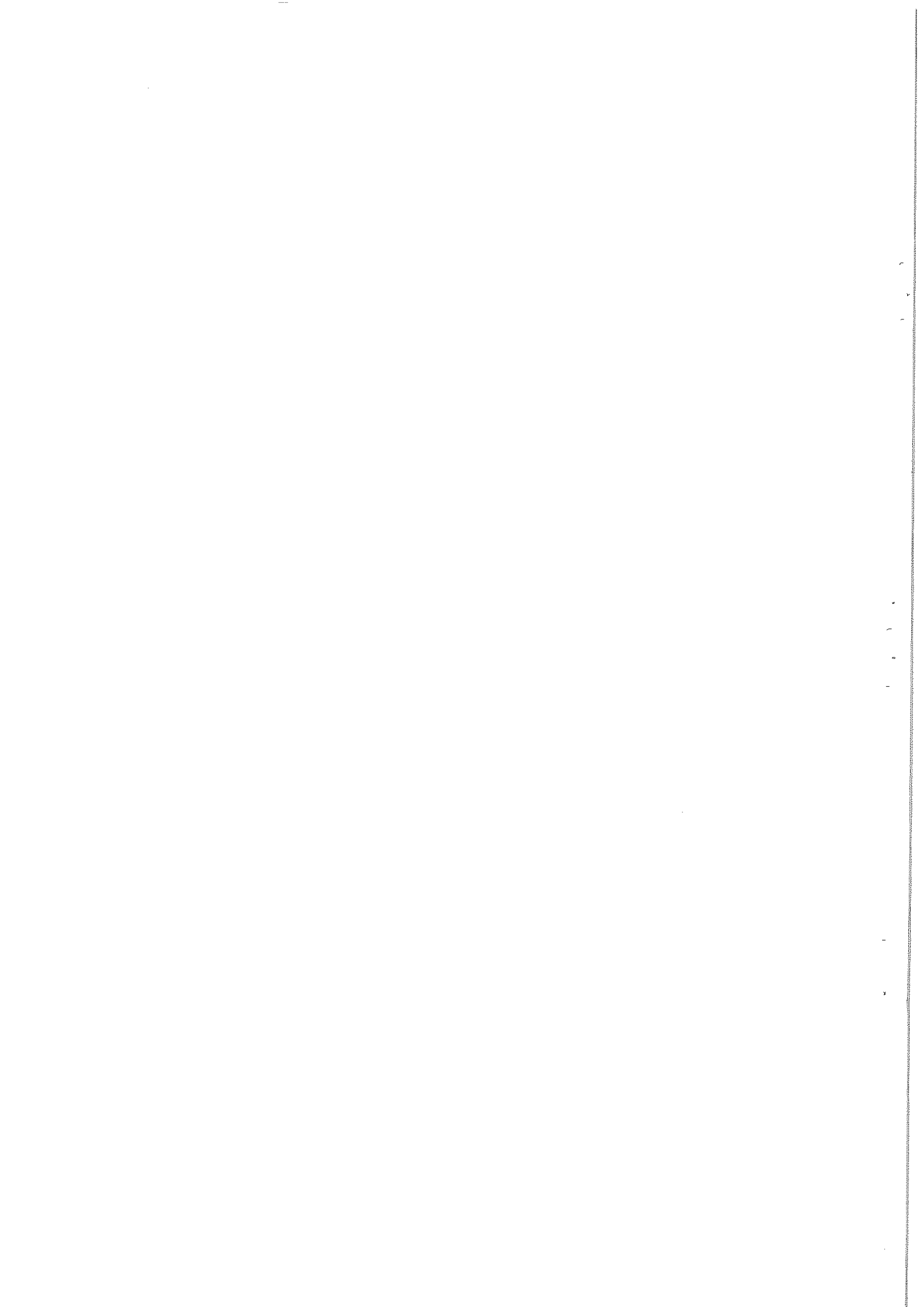
DATE: 08. 09. 2020

TIME: 1.30 PM – 4.30 PM

Part B
Matching Questions (10 Marks)

Match the phrases given on the **left** with most relevant words /phrases given on the **right**. Put the letter belongs to the selected word in the brackets given on the left.

Left		Right
1. Intelligence Quotient (IQ)	()	A. Rapport
2. The most common psychiatric disorder observed in postpartum period	()	B. Verbigeration
3. State of understanding with another individual or group	()	C. Psychobiological interventions
4. Ability to resolve problems by using mature cognitive processes according to Jean Piaget	()	D. Depression
5. Senseless repetition of words or phrases over and over again	()	E. Postpartum psychosis
6. Advanced level functions of psychiatric nurse	()	F. Terman
7. Decreased levels of norepinephrine and serotonin	()	G. Sublimation
8. Emotion conveyed by the nonverbal behavior/ the external and dynamic manifestations of a person's internal emotional state	()	H. Reticular Activating System (RAS).
9. Mid brain	()	I. Affect
10. Consciously or unconsciously channeling instinctual drives into acceptable activities	()	J. Accommodation
		K. Intake screening
		L. Postpartum depression



Part C
Short Answer Questions (40 Marks)

1. Defense mechanisms are methods of attempting to protect self and trying to cope with emotions. List **four (04)** commonly used defense mechanisms. **(04 marks)**

- I.
- II.
- III.
- IV.

2. Symptoms of schizophrenia can be divided into two groups as positive and negative symptoms. State **two (02)** negative symptoms of schizophrenia. **(02 marks)**

- I.
- II.

3. Psychiatric rehabilitation begins with medical psychiatric diagnosis and functional assessment. What are the **four (04)** steps of psychiatric rehabilitation? **(04 marks)**

- I.
- II.
- III.
- IV.

4. List **three (03)** functions expected from a nurse related to **tertiary prevention** in community mental health nursing. **(06 marks)**

- I.
- II.
- III.

5. Name **two (02)** types of activities that are used in occupational therapy. **(04 marks)**

I.

II.

6. Famous psychologist as well as the humanistic theorist Carl Rogers has explained **three (03)** important basic qualities desirable for the counselor. What are they? **(06marks)**

I.

II.

III.

7. Antidepressants are the drugs called as mood elevators or thymoleptics which are used to treat the depressive illness.

7.1 List **three (03)** drug groups of antidepressants. **(03 marks)**

I.

II.

III.

7.2 List **three (03)** side effects of Lithium carbonate as a mood stabilizer. **(03 marks)**

I.

II.

III.

8. Psychiatric emergency/ psychiatric situation can be described as a condition wherein the patient has disturbance in thought, affect and psychomotor activity leading to threat to his existence or threat to people in the environment.

8.1 List **two (02)** actions that can be taken for a patient with hallucination. **(04 marks)**

I.

II.

8.2 Extra pyramidal syndrome is caused by side effects of antipsychotic drugs. State **two (02)** of the symptoms seen in following side effects. **(04 marks)**

Neuroleptic induced parkinsonism / Pseudo Parkinsonism

I.

II.

Tardive dyskinesia

I.

II.

Part D
Short Essay Questions (20 Marks)

There are two questions. Please answer ONLY ONE question.

Question 01. Substance-related disorders are classified in to two groups such as substance-use disorders (dependence and abuse) and substance-induced disorders (intoxication, withdrawal, delirium, dementia, amnesia).

1.1 Jellinek (1952) outlined **four (04)** phases through which the alcoholic's pattern of drinking progresses. What are they? **(02 marks)**

I.

II.

III.

IV.

1.2 It can be difficult to assess a client with substance abuse because usually they use defense mechanisms like denial and rationalization to refuse that they abuse substances. **According to CAGE questionnaire**, state **two (02)** questions you would ask from a client to assess whether he/she is abused to substance. **(02 marks)**

I.

II.

1.3 Briefly explain the following treatment modalities that are used for substance related disorders. **(16 marks)**

Detoxification/ Substitution therapy (04 marks)

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Disulfiram (04 marks)

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Nurses' responsibility in Disulfiram treatment (04 marks)

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Naltrexone (04 marks)

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Question 02. Personality disorders result when personality traits become abnormal. Genetic, biological, social, psychological, development and environmental factors may contribute to develop such disorders. Maternal deprivation specially contributes to develop antisocial personality disorders.

2.1 List **four (04)** signs of a person with antisocial personality disorder. **(04 marks)**

- I.
- II.
- III.
- IV.

2.2 What personality disorder result in a pervasive desire for perfectionism? **(02 marks)**

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2.3 Briefly explain **four (04)** clinical features of that disorder. **(04 marks)**

- I.
- II.
- III.
- IV.

2.4 Briefly explain the nursing interventions for patient with personality disorder. **(10 marks)**

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