THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2019/2020 – SEMSETER I

BACHELOR OF SCIENCE HONOURS IN NURSING
NGU6305 PALLIATIVE CARE NURSING - LEVEL 6
FINAL EXAMINATION

DATE: 09TH SEPTEMBER 2020 TIME: 01.30 PM – 04.30 PM

Part B – Matching Questions. (10 marks)

Match the phrases given on the **Left** with most relevant words or phrase given on the **Right**. Put the letter belongs to the selected word in the brackets given on the middle.

	Left		Right
1.	Weak opioid	( )	A. steam inhalation
2.	Relieve pain by counter-irritation	( )	B. benzodiazepines
3.	Necessary before any treatment is given or withdrawn	( )	C. tramadol
4.	Precipitate or aggravate delirium	( )	D. consent
5.	Not recommended for chronic pain because of its neurotoxicity	( )	E. heat and cold therapy
6.	A Muscle relaxant	( )	F. sleep deprivations
7.	Aid expectoration	( )	G. pethidine
8.	Weakness and fatigue may occur due to	( )	H. anorexia
9.	Malodorous ulcer or fungating tumour will leads to	( )	I. metoclopramide
10.	A good first-line antiemetic	( )	J. adrenal insufficiency

Index Number: .....

Part C – Short Answer Questions **(40 Marks)**

Answer all questions within the given spaces

1. Autonomy and justice are two from the four main principles of medical ethics that should be discussed under the palliative care. Name the other two main principles of medical ethics apart from the autonomy and justice.

   (02 Marks)

   I. .....

   II. .....

2. Briefly explain below mentioned two main principles of medical ethics **(04 Marks)**

   I. **Autonomy**

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   II. **Justice**

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3. Briefly describe **six (06)** barriers related to the patient in palliative care. **(06 Marks)**

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4. Briefly describe **six (06)** barriers related to the relatives in palliative care. **(06 Marks)**

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5. Briefly explain **three (03)** risks associate with Legalization of Euthanasia. **(06 Marks)**

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6. List **two (02)** reasons why the people in press/media should know about palliative care? **(02Marks)**

I. .....

II. .....

7. Bowel Obstructions are common in patients with advanced illness. There are two types of bowel obstructions. List those **two (02)** types and give **one (01)** possible causes for each type. **(04 Marks)**

I. .....

a) .....

II. .....

b) .....

8. Name the pain scale which is incredibly helpful when diagnosing pain in children. **(01Marks)**

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9. Family conferences/meetings with relatives are an essential part of palliative care. Briefly describe the key factors that you should concern when conduct a family conference. **(06 Marks)**

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10. What is Advance care planning? **(03 Marks)**

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Part D –Structured Essay Question (20 Marks)

Answer all questions within the given space

Ms. Y, a 32-year-old female patient who is suffering from pancreatic cancer. During the assessment the nurse has found Ms. Y is showing depressed mood for more than two weeks, excessive guilt and suicidal thoughts.

1.1) Ms. Y has been diagnosed with depression. List **two (02)** history related indicators of depression in terminally ill patients. **(02 Marks)**

I. .....

II. .....

1.2) Briefly describe the general support which you can provide to enhance the psychological well-being of this patient. **(04 Marks)**

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1.3) Ms. Y is suffering from a severe pain. As a palliative care nurse what are the Key Factors that you should concern in order to perform a comprehensive clinical pain assessment? **(10 Marks)**

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1.4) According to the medical order Ms. Y has given morphine in order to control her severe pain. Briefly describe the general measures that you can take to prevent developing constipation. **(04 Marks)**

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