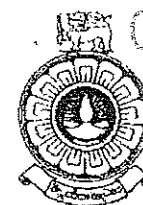


THE OPEN UNIVERSITY OF SRI LANKA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF NURSING  
ACADEMIC YEAR 2019/2020 – SEMSETER I



BACHELOR OF SCIENCE HONOURS IN NURSING  
N5U4107 PALLIATIVE CARE NURSING - LEVEL 6  
FINAL EXAMINATION

DATE: 09<sup>TH</sup> SEPTEMBER 2020

TIME: 01.30 PM – 03.30 PM

**Part B – Matching Questions. (10 marks)**

Match the phrases given on the **Left** with most relevant words or phrase given on the **Right**.

Put the letter belongs to the selected word in the brackets given on the middle.

	Left		Right
1.	Weak opioid	( )	A. steam inhalation
2.	Relieve pain by counter-irritation	( )	B. benzodiazepines
3.	Necessary before any treatment is given or withdrawn	( )	C. tramadol
4.	Precipitate or aggravate delirium	( )	D. consent
5.	Not recommended for chronic pain because of its neurotoxicity	( )	E. heat and cold therapy
6.	A Muscle relaxant	( )	F. sleep deprivations
7.	Aid expectoration	( )	G. pethidine
8.	Weakness and fatigue may occur due to	( )	H. anorexia
9.	Malodorous ulcer or fungating tumour will leads to	( )	I. metoclopramide
10.	A good first-line antiemetic	( )	J. adrenal insufficiency

**Part C – Short Answer Questions**

**(45 Marks)**

Answer all questions within the given spaces

1. Autonomy and justice are two from the four main principles of medical ethics that should be discussed under the palliative care. Name the other two main principles of medical ethics apart from the autonomy and justice. **(02 Marks)**
  - I. ....
  - II. ....
  
2. Briefly explain all **four (04)** main principles of medical ethics. **(08 Marks)**
  - I. ....  
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  - II. ....  
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  - III. ....  
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  - IV. ....  
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3. List **two (02)** barriers related to the patient in palliative care. **(04 Marks)**
  - I. ....
  - II. ....
  
4. List **two (02)** barriers related to the relatives in palliative care **(04 Marks)**
  - I. ....
  - II. ....

5. What are **four (04)** the goals of palliative care? **(04 Marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

6. List **two (02)** reasons why people in press/media should know about palliative care?  
**(02 Marks)**

- I. ....
- II. ....

7. List **four (04)** processes that involves Advance care planning **(04 Marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

8. Briefly describe the general measures that you can take to prevent constipation.

**(05 Marks)**

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9. Abbey pain scale is based on the score (0-3) given for six observations. List **three (03)** observations from those six observations. **(03 Marks)**

- I. ....
- II. ....
- III. ....

10. Psychological therapies also can use in pain management. List **four (04)** psychological therapies which can use in pain management. **(04 Marks)**

- I. ....
- II. ....
- III. ....
- IV. ....

11. Considerations of Staffing and Recruitment are a vital part of starting a palliative care. What personal and professional qualities should be looked for when recruiting staff? **(05 Marks)**

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**Part D –Short Essay Questions (15 Marks)**

1. Good care of the patient helps the relatives cope, but they also have their own anxieties that must be addressed. How should these anxieties be addressed? **(15 Marks)**

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