

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2019/2020- SEMESTER I & II



BACHELOR OF SCIENCE HONOURS IN NURSING
NGU6910 PRIMARY HEALTH CARE II - LEVEL 6
FINAL EXAMINATION

DATE: 13TH AUGUST 2021

TIME: 9.30AM -12.30PM



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Part B – Matching Questions – (10 Marks)

Match each words or phrases given in the left column with one of the most suitable descriptions given in the right column. Indicate the letter corresponding to your response in the given space.
(Within brackets)

Left column	Right column
1. Produces progesterone	(...) A. Reduces cognitive function
2. Uterine and skeletal development	(...) B. Peer groups
3. Iron deficiency anemia	(...) C. Reduce body fat
4. Fine motor skills	(...) D. Individual is unique and has rights and privileges
5. Share similar feelings and attitudes	(...) E. Apgar's score
6. Language development of pre-school age	(...) F. Estradiol
7. Weight reduction programme	(...) G. Dominant gene
8. Thalassemia is inherited by	(...) H. Corpus luteum
9. A principle of community health	(...) I. Coordination of smaller parts of the body
10. Quick and accurate way of evaluating the neonate	(...) J. Influence by socio-economic circumstance
	K. Recessive gene

Part C - Short Answer Questions – (45 Marks)

Write answers to all questions within provided spaces.

Question 01

Q1. Ms. X is a university student staying in a university hostel. He has faced some unpleasant ragging incidences created by senior students. After these incidences, some behavioral changes, including suicidal attempts by this student have been observed. Later, he was diagnosed as a person with severe depression.

1.1 List **four (04)** symptoms of severe depression. (4 Marks)

- i.
- ii.
- iii.
- iv.

1.2 What are the **four (04)** actions that can be taken in order to prevent future possible suicidal attempt by this student? (4 Marks)

- i.
- ii.
- iii.
- iv.

(Total Marks = 08)

Question 02

2.1 You are assigned to educate a group of teachers regarding societal health problems. List **four (04)** important societal health problems and **four (04)** impacts of such problems to the family and the society. (8 Marks)

Important societal health problems. (4Marks)

- i.
- ii.
- iii.
- iv.

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Impacts of societal health problems to the family and the society. (04Marks)

- i.
- ii.
- iii.
- iv.

2.2 Alcoholic patients may need long term treatment and care in home settings. Nurses who work in the community can play an important role in helping for such clients and for their family.

2.2.1 State **four (04)** actions that a nurse can take to improve the health status of alcoholic client in a home environment. (04 Marks)

- i.
- ii.
- iii.
- iv.

2.2.2 Identify **two (02)** main skills that you need to develop when you are working with family members of an alcoholic patient. (02 Marks)

- i.
- ii.

(Total Marks =14)

Question 03

Malnutrition is a considerable health problem in Sri Lanka.

3.1 List **three (03)** the causes for malnutrition? (03 Marks)

- i.
- ii.
- iii.

3.2 Propose **four (04)** actions that can be taken to prevent incidence of malnutrition in infants. (04 Marks)

- i.
- ii.

- iii.
- iv.

3.3 Identify the **two (02)** main causes for obesity? (02 Marks)

- i.
- ii.

3.4 List **three (03)** health advices which are important in prevention of obesity. (03 Marks)

- i.
- ii.
- iii.

(Total Marks =12)

Question 04

Similar to adults and elderly people, non-communicable diseases are being increasing among adolescents. It may mainly due to changing of their food patterns.

4.1 Identify **five (05)** reasons for changing food patterns of adolescents. (04 Marks)

- i.
- ii.
- iii.
- iv.
- v.

4.2 State three **(03)** possible disease conditions that may occur due to wrong food habits?

(03 Marks)

- i.
- ii.
- iii.

4.3 Propose **five (05)** possible strategies to improve nutritional status of adolescents. (04 Marks)

- i.
- ii.
- iii.

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iv.

v.

(Total Marks =11)

Part D: Short Essay Question (15 Marks)

“A” is a sub urban MOH office where few staff members are employed including Family Health Workers to provide the needed services for the pregnant mothers. However, the number of pregnant mothers registered for the clinic is high. As a result, mothers frequently complain that they do not receive satisfactory services from the MOH.

a) Discuss the antenatal care services provided from a MOH clinic (10 Marks)

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b) Propose strategies to improve the quality of antenatal care services provided by MOH 'A'.
(5 Marks)

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