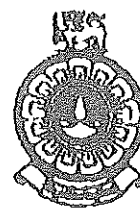


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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2020/2021 – SEMESTER I—FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU5306 - CLINICAL PSYCHOLOGY- LEVEL 05
FINAL EXAMINATION PAPER
DURATION: 02 HOURS

DATE: 18/03/2022

TIME: 2.00PM-4.00PM

INDEX NO:

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

- 2.1 a. Imagine that you are a person-centered clinical psychologist. What qualities must you possess? Name and briefly describe three such qualities. (9 marks)
b. Discuss two limitations of person-centred therapy. (6 marks)
- 2.2 Compare and contrast the basic concepts of Gestalt and Existential theories. Describe at-least three distinctions you recognized between these theories (15 marks).
- 2.3 a. Explain the role of classical conditioning in behavior therapy with an example. (5 marks)
b. Explain in your own words the role of operant conditioning in behavior therapy with two examples. (10 marks)
- 2.4 a. Briefly describe two strategies used in cognitive behavioral therapy (5 marks)
b. Explain with two justifications in your own words, why CBT is a popular choice of intervention among Clinical Psychologists in the present day. (10 marks)
- 2.5 a. List the six principles of acceptance and commitment therapy (3 marks)
b. Briefly describe the four modules of dialectical behavior therapy. (12 marks)
- 2.6 Describe with an example the following ethical principles in the practice of clinical psychology. Choose only three of the following: beneficence and non-maleficence, Fidelity and responsibility, Integrity, Justice, Respect for client's right and dignity. (15 marks)

-----END OF QUESTION PAPER-----

