

DATE: 16.03.2022

TIME: 9.30 am – 11.30 am

INDEX NO:

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose four (04) out of the six (06) questions given below and answer using the provided answer sheets

- 2.1 Friendship provides support to adolescents in many ways.
- a) According to Thomas Barndt (2004), there are four (04) types of support that friends receive from each other. What are they? (4 marks)
 - b) Explain two (02) of them with examples. (6 marks)
 - c) Briefly discuss two (02) negative influences of peer relationships. (5 marks)
- 2.2 Gender can be identified as an important consideration in development.
- a) Briefly explain the difference between sex and gender. (5 marks)
 - b) Why is it important to provide adolescents with sex education? Explain two (02) reasons. (10 marks)
- 2.3 Moral development involves feelings, thoughts and behaviors with respect to the standards of right and wrong” (Santrock, 2008).
- a) Briefly describe the two (02) dimensions of moral development. (5 marks)
 - b) Lawrence Kohlberg described three levels of moral development. Explain two (02) of them. (10 marks)
- 2.4 Family can be considered as the primary social group. There are many types of families.
- a) Briefly explain the influence of the nuclear family setting and the single parent family setting on child development. (10 marks)
 - b) Family Systems Theory explain ⁸eight interacting concepts that influence development of an individual. Briefly explain the following two concepts.
 - i. Sibling position
 - ii. Differentiation of self (5 marks)

- 2.5 Some adolescents experience both internalized and externalized problems during adolescence.
- Briefly describe two (02) psychological disorders that can be observed during adolescence. *(5 marks)*
 - Explain two (02) factors that can contribute to the development of conduct disorder. *(5 marks)*
 - Briefly discuss two (02) interventions for conduct disorder. *(5 marks)*
- 2.6 The use of the internet significantly affects adolescent development.
- List five (05) symptoms of internet addiction. *(5 marks)*
 - Briefly describe two (02) promotive factors that can be identified as external factors that contribute to the development of resilience in adolescents. *(5 marks)*
 - Describe one (01) of the following that can be used to develop resilience in adolescents.
 - individual level intervention
 - family level intervention
 - social environment intervention *(5 marks)*

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