

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
ACADEMIC YEAR 2020/2021- SEMESTER II



BSC HONS IN PSYCHOLOGY
PLU5308-CROSS CULTURAL PSYCHOLOGY- LEVEL 05
CONTINUOUS ASSESSMENT TEST - NBT I
DURATION: 01 HOURS

DATE: 04th JUNE 2022

TIME: 11.00AM-12.00PM

REGISTRATION NO:

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- This question paper consists of **08 pages** with **TWO sections**
- **Section 1: 20 Multiple Choice Questions - (40 Marks)**
- **Section 2: 12 Short Answer Questions - (60 Marks)**
- Write your **INDEX NO** in the space provided.
- **Multiple Choice Questions (Section 1):** Indicate answers in the **ANSWER SHEET** provided by placing a cross (**X**) in **INK** in the relevant cage (answers in pencil will **NOT** be marked)
- **Structured Essay Questions (Section 2):** Write the answer within the space provided.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Do **NOT** keep unauthorized materials, including mobile phones and other electronic equipment, with you during the examination

SECTION 1: Multiple Choice Questions (20 Questions-40 Marks)

1. Herodotus's work is important for cross cultural psychology. What was his main contribution to the field?
 - a) He helped to differentiate between different degrees of civilizations
 - b) He introduced a basic methodology for cross cultural research.
 - c) He led missionary groups to different countries around the world.
 - d) He assisted religious harmony among different communities

2. What was the key feature of enlightenment?
 - a) The Church started to see the value of knowledge
 - b) Knowledge became easily accessible to the commoner.
 - c) Scholarly thinking moved away from dogma to critical inquiry.
 - d) Helped people to understand the history of the world.

3. Who was the person who developed the concept of *Volkerpsychologie*?
 - a) E.B. Tylor
 - b) L. S. Vygotsky
 - c) W. H.R Rivers
 - d) W. Wundt

4. From the list given below, who was the person that explained culture as learnt via socialization?
 - a) E.B. Tylor
 - b) J. Bruner
 - c) C. Triandis
 - d) E.H.R.Rivers

5. What is the most accurate definition of Ethnocentrism from the given below?
 - a) Shared identification with one's nation.
 - b) Differential evaluation of differences between groups
 - c) An attitude to differentiate one's group from invaders, and to seek self-governance.
 - d) None of the above

6. What is the most accurate term to identify the following description
"A closely united group of individuals who regard themselves as a part of a whole".
 - a) Ethnocentrism
 - b) Individualism
 - c) Nationalism
 - d) Collectivism

7. What would be an approach to the study of cross-cultural psychological phenomenon?
 - a) Absolutism
 - b) Universalism
 - c) Emic
 - d) All of the above

8. According to evolutionary theories, what are the two systems of inheritance?
 - a) Genes and culture
 - b) Genes and environment
 - c) Genes and adaptation
 - d) Genes and food

9. Ecological systems theory explains the relationship between the individual and his ecology. At how many levels is this relationship explained?
 - a) Two
 - b) Three
 - c) Five
 - d) Seven

10. Which of the following would anthropology and cross-cultural psychology share?
 - a) Similar research methodologies
 - b) Similar research questions
 - c) Similar conceptual frameworks
 - d) All of the above

11. Which of the following would refer to the concept of 'gender normative'?
 - a) Beliefs of men and women
 - b) Norms of men and women
 - c) Behaviors related to gender that are within the boundaries of a given culture
 - d) None of the above

12. Which of the following would define Homosexuality?
 - a) Culture
 - b) Biology
 - c) Gender
 - d) All of the above.

13. Which of the following would most accurately explain 'propinquity effect'?
 - a) People are more likely to become friends with those with whom they interact frequently.
 - b) People are more likely to become friends with those who are similar to them.
 - c) People are more likely to become friends with those who live close to them.
 - d) All of the above

14. What is the definition of Cross-cultural convergence?
 - a) Migration forces different cultures to converge
 - b) Dominant culture takes over the cultural systems of minority groups.
 - c) Exposure to different cultural values leads to psychological problems
 - d) Two cultures become more and more similar with increasing interactions

15. Which of the following is the key feature that defines a community?
 - a) Shared geographical location
 - b) Shared lifestyles and political choices
 - c) Social commitment to safeguard and maintain harmonious relationships with each other
 - d) None of the above

16. What is the aim of healthy social boundaries?
 - a) To maintain social hierarchy and social relationships in a community
 - b) To maintain social relationships without violating another's personal space
 - c) To have conflict-free relationships and social relationships as a group
 - d) All of the above

17. What are the means of acculturation from the answers given below?
 - a) Assimilation, separation and integration
 - b) Accommodation, assimilation and marginalization
 - c) Integration, accommodation and separation
 - d) All of the above

18. From the answers given below, which is the most suitable definition for 'Health literacy'?
 - a) The capacity to collect, question and understand health information to make informed choices
 - b) The level of understanding to which health is promoted within a country's educational policy
 - c) Local vocabulary of a community that they refer to understanding health-related phenomenon
 - d) Availability of health information for people with basic literacy skills to understand health

19. Who from the below list, discussed the psychosexual, developmental stages?
 - a) J.B. Watson
 - b) Albert Bandura
 - c) Sigmund Freud
 - d) Ivan Pavlov

20. Which of the following is the most accurate definition for 'culture bound syndromes'?
 - a) Folk illness with cultural meaning, diagnosing problematic behaviour changes
 - b) The relevance and application of culture to understand mental health phenomenon
 - c) The dominance and authority of western thinking in the traditional medical field
 - d) All of the above

SECTION 2: SHORT ANSWER QUESTIONS (60 MARKS)
WRITE ANSWERS WITHIN THE SPACE PROVIDED

1. How were the missionaries different in their approach to the ‘other’ from invaders?
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2. Historical developments of cross-cultural psychology explain our inherent reluctance to accept the ‘different other.’ Briefly describe how this same limitation is prevalent in today’s world.
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3. Sri Lanka has generations who were born into or lived their whole lives with violence. Name two theoretical concepts that can explain how these generations are accultured to violence.
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4. Briefly describe how evolutionary theories help explain human cooperation.
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5. List the dimensions of Hofstede’s conceptual framework of culture.

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6. Several incidents of the police attacking unarmed civilians who are protesting against the current government in Sri Lanka have been reported. Briefly explain this phenomenon using symbolic interactionism.

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7. Briefly describe one example on the interactions between culture and gender in the Sri Lankan context.

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8. How does culture influence one’s experience of romantic love? Briefly explain with an example.

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9. List the general determinants of health literacy?

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10. Briefly explain the relationships between maternal health care and culture in the Sri Lankan context.

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11. Explain the development of values related to violent power in the Sri Lankan context with reference to Bandura’s social cognitive theory of human development.

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12. List five of the most common barriers to mental health service utilization in Sri Lanka?

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REGISTRATION NO:

ANSWER SHEET FOR SECTION-1

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