

THE OPEN UNIVERSITY OF SRI LANKA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF PSYCHOLOGY AND COUNSELLING  
ACADEMIC YEAR 2018/2019– SEMESTER 1



BACHELOR OF SCIENCE (HONS) IN PSYCHOLOGY  
PLSU3303 MOTIVATION AND EMOTION, LEVEL 3  
CONTINUOUS ASSESSMENT TEST 2 - NBT  
DURATION: 1 HOUR

DATE: 05<sup>th</sup> JANUARY, 2019

TIME: 11.30AM-12.30PM

REGISTRATION NO: .....

**IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES**

- This question paper consists of 10 pages with 02 sections.

**Section 1: 20 Multiple Choice Questions (40 Marks)**

**Section 2: 12 Short Answer Questions (60 Marks)**

- Write your Registration Number in the space provided.
- Answer **ALL** questions.
- **Multiple Choice Questions (Section 1):** Indicate answers in the answer sheet provided by placing a cross (X) in **INK** in the relevant cage (answers in pencil will **NOT** be marked)
- **Short Answer Questions (Section 2):** Write answers within the space provided.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Do **NOT** keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination.

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**SECTION 1: MULTIPLE CHOICE QUESTIONS (20 QUESTIONS – 40 MARKS)**

- 1.1 According to Navaro-Yashin (2009), 'Melancholy' is which of the following?
- a A Feeling
  - b A Mood
  - c A Psychological Disposition
  - d A Sentiment
- 1.2 Which of the following words were used to describe 'emotions' by early philosophers?
- a Sadness and Anger
  - b Feelings and Moods
  - c Sentiments and Sensations
  - d Passions and Affections
- 1.3 Which scientist instigated the use of the word "emotions" through his lectures in the philosophy of the human mind?
- a Sigmund Freud
  - b Thoman Brown
  - c Carl Jung
  - d William James
- 1.4 Who of following was the author of the book titled "The Expressions of Emotions in Man and Animals"?
- a Sigmund Freud
  - b Stanley Schachter
  - c Charles Darwin
  - d Richard Lazarus
- 1.5 Which of the following is an example of the unconscious in stimulating, maintaining and expressing emotions, according to Sigmund Freud?
- a Repressed memories
  - b Slips of the tongue
  - c Psychosexual problems
  - d Day dreaming

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- 1.6 Which of the following human emotions could not be explained through the evolutionary paradigm?
- a Joy
  - b Anger
  - c Guilt
  - d Disgust
- 1.7 Experiencing shame for appearing naked in public is an example of the social aspect of emotions. Which of the following schools of thought explains the social nature of emotions further?
- a Psychodynamic view of emotions
  - b Post-constructionists
  - c Cognitive view of emotions
  - d Cultural constructionists
- 1.8 Attending a musical concert and feeling the excited energy of the event, is an example of 'Affect' as?
- a Intentional
  - b Non-representational
  - c Autonomous
  - d Transmissive
- 1.9 'If a person experiences a state of arousal for which they have no immediate explanation, they will describe their emotions in terms of the cognitions available to them at the time.' This is a hypothesis developed as a result of which theory?
- a Schachter and Singer Two Factor theory
  - b James-Lange Theory
  - c Cannon-Bard Theory
  - d Brown-Tomkins Theory
- 1.10 How we react to an event depends on what that event means to us, according to which theorist?
- a Richard Lazarus
  - b Sigmund Freud
  - c Thomas Brown
  - d William James

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- 1.11 Who were the psychologists that conducted experiments which proved the change of bodily postures to have an affect on the emotional experience?
- a Finman, Laris and Canilo (1984)
  - b Flack, Laird and Cavallro (1999)
  - c Flard, Lack, and Canlo (1964)
  - d Finman, Laniz, and Camilla (1978)
- 1.12 “We feel sorry because we cry, angry because we strike, afraid because we tremble”. This is a statement made in support of which of the following psychological theories?
- a Cannon-Bard Theory
  - b Schachter-Singer Theory
  - c James- Lange Theory
  - d Brown-Tomkins Theory
- 1.13 Which of the following terms are used through the vocabulary to express the autonomous nature of ‘Affect’?
- a Texture and Tone
  - b Tension and Remnants
  - c Surface and Residue
  - d Tension and Surface
- 1.14 Which of the following statements are TRUE of “Affect”?
- a Affect is under the cognitive scrutiny of an individual
  - b Affect is formed and structured
  - c Affect is intentional and controllable
  - d Affect is a sensed and felt reality
- 1.15 Which of the following statements are TRUE of the relationship between humans and their photographs of loved ones?
- a Human relationships with photographs are not affective
  - b The photograph has agency in the relationship with the human
  - c The photograph does not play an active affective role in the relationship
  - d The human alone plays an affective role in the relationship with photograph
- 1.16 Which of the following statements about ‘Shame’ is TRUE?
- a Shame is one of the basic emotions
  - b Shame is not a self conscious emotion
  - c Shame is invested in people through its culture
  - d Shame is only felt on a global level

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- 1.17 According to Tomkins (1987) 'Shame' results from which of the following?
- a Disturbances to pleasure
  - b Difficulty with empathy
  - c Denial of guilt
  - d Disturbance to anxiety
- 1.18 What was the finding from the (2008) study by Jessica Tracy and David Matsumo on human emotion?
- a There are cultural differences when displaying pride
  - b Caucasians are different in how they show pride
  - c People in Japan display pride differently than others
  - d Pride is displayed homogenously among all humans
- 1.19 According to Takeo Doi (2016) the feeling of 'amae' (feeling of pleasurable dependence on another person) is which of the following?
- a An emotion felt only by the Japanese
  - b An emotion not felt by the Americans
  - c An emotion felt by all humans
  - d An emotion not felt by any
- 1.20 Which of the following is an example of a 'Display Rule'?
- a Laughing at a neighbors funeral house
  - b Laughing at a joke to be polite to someone
  - c Laughing at someone when they make a mistake
  - d Laughing at the library while everyone is studying

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**ANSWER SHEET FOR SECTION-1**

Q. No.	(a)	(b)	(c)	(d)
1.1				
1.2				
1.3				
1.4				
1.5				
1.6				
1.7				
1.8				
1.9				
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1.11				
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**SECTION 2: SHORT ANSWER QUESTIONS ( 12 QUESTIONS – 60 MARKS)**

**WRITE ANSWERS ONLY WITHIN THE SPACE PROVIDED.**

**2.1 Briefly Explain Schachter and Singer’s two factor theory of emotion with an example (5 marks).**

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**2.2 Briefly Explain the James-Lange theory of emotion with one example. (5 marks)**

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**2.3 ‘Joy’ or ‘Happiness’ is one of the basic emotions which are thought to be universal. List 5 other emotions that are also considered to be universal in nature. (5 marks)**

- 1.
- 2.
- 3.
- 4.
- 5.

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**2.4 State two examples that illustrate the cultural differences within the concept of emotion. (5 marks)**

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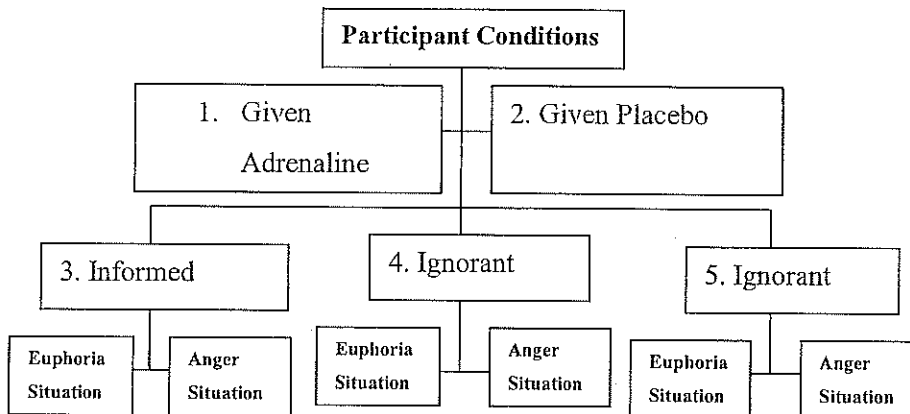
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**2.5 Fill in the boxes to complete the flow chart that illustrates participant conditions in the schachter and singer experiment. (5 marks)**



**2.6 State two criticisms against 'Affect' being theorized as 'Autonomous'. (5 marks)**

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**2.7 Briefly explain the Cannon-Bard theory of emotion with an example. (5 marks)**

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**2.8 Briefly explain David and Aron’s study of misattribution of arousal (5 marks).**

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**2.9 Briefly Explain Lazarus’s model of cognitive evaluation with an example. (5 marks)**

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**2.10 Fill in the boxes with regard to ‘Shame’ to illustrate Lewis’s (1971) structural model for the elicitation of self-conscious emotions.**

Evaluations		Global	Attribution of Self
Success	Failure		
1.	2.	5.	
3.	4.		

**2.11 Briefly explain Affect’s non-representational nature with one example. (5 marks)**

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**2.12 List 2 limitations of the James-Lange theory. (5 marks)**

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