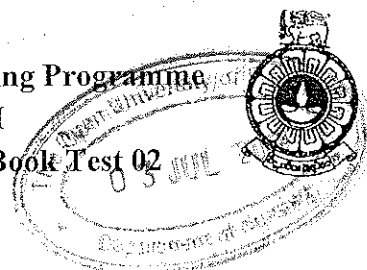


The Open University of Sri Lanka
 Department of Nursing - BSc Honours in Nursing Programme
 NGU6910- Primary Health Care II
 Academic Year 2018 /2019 - Level 6- No Book Test 02



Please return your question paper with your answer sheet

Date: 03.07.2019

Time: 2.00 p.m-3.30 p.m

Duration: 1½ hours

Registration No:

Please read the instructions given below before answering the questions.
 This question paper consists of four parts: Part A, Part B, Part C and Part D.
 Answer all questions.

Part A – 10 Multiple Choice Questions (10 marks)

There are 10 Multiple Choice Questions in this paper and below each question or statement contains four responses. Select the **best response** to each question and **encircle** it.

Part B – 10 Matching Questions (10 marks)

Match the words/phrases given on the Left column with most relevant words/ phrases given on the Right column. Put the letter belongs to the selected words/ phrases in the brackets given on the Middle.

Part C - Four (4) Short Answer Questions (SAQs) (60 marks)

Answer all the questions within the given space.

Part D- One (1) Short Essay Question (SEQ) (20 marks)

Answer within the given space.

Good Luck!!!

Marking purpose only

Part	Marks
Part A	
Part B	
Part C	
Part D	
Total	

Student Reg. No:

Part A – 10 Multiple Choice Questions (10 marks)

- 1) The children those who are between age 6 to 12 years called as,
 - a) Infant
 - b) Preschool child
 - c) School age child
 - d) Adolescent

- 2) The average yearly increase in height and weight in a school aged child approximately,
 - a) 5cm to 6 cm and 2Kg to 3Kg
 - b) 5.5cm to 7.5cm and 3.5Kg to 4.5Kg
 - c) 5.5cm to 6.3cm and 2.5Kg to 3.2Kg
 - d) 5.5cm to 6.9cm and 2.5Kg to 3.9Kg

- 3) As a way of learning to be responsible, parents can
 - a) Allow children to handle money
 - b) Introduce peer groups for networking
 - c) Assist understanding social phenomenon
 - d) Ignore the quiet child

- 4) The onset of first menstrual period of girls is called as,
 - a) Thelarche
 - b) Menarche
 - c) Pubarche
 - d) Adrenarche

- 5) Risk factors for breast cancers **except**;
 - a) Puberty at an early age
 - b) Early menopause
 - c) Nulliparity
 - d) Use of oral contraceptives or hormonal replacement therapy

- 6) Main tasks of the National Policy for Cancer Prevention in Sri Lanka include;
 - a) Primary prevention and early detection.
 - b) Organization of referral system, therapeutic care and pain relief.
 - c) Cancer research.
 - d) All of above.

- 7) Best test for screening breast cancers in woman over 35 years is,
 - a) Mammography
 - b) Ultrasound.
 - c) Self-breast examination.
 - d) Pap Smear test.

Student Reg. No:

- 8) Which of the following statement is “**true**” regarding infertility?
- a) The term ‘Primary infertility’ is used when a couple has conceived at least once previously
 - b) Infertility may be caused by obstruction or dysfunction of the fallopian tubes
 - c) Causes of infertility related to the male only can be detected by investigation
 - d) All of the above
- 9) What is the **incorrect** mode of transmission of Human Immunodeficiency virus (HIV);
- a) Unprotected sexual intercourse with an infected partner Provide advice or molding behavior or discipline.
 - b) Contaminated foods/ drinks
 - c) From an infected mother to a baby via breast feeding.
 - d) Sharing injection drug needles.
- 10) A disease that exists permanently in a particular region or population is called as;
- a) An endemic.
 - b) An epidemic.
 - c) A pandemic.
 - d) An infectious disease.

Student Reg. No:

Part B – 10 Matching Questions (10 marks)

Match the words or phrases given on the **Left** column with most relevant words/phrases given on the **Right** column. Put the letter belongs to the selected words/ phrases in the brackets given on the **Middle**.

Left		Right
1. Chronic inflammatory disease	()	A. ability to give a unique answer
2. Excessive quantities of food over a long period of time	()	B. poverty
3. Proliferation of the endometrium is caused by	()	C. poor eating and sleeping habits
4. Convergent thinking means	()	D. Osteoarthritis
5. Leading cause for female cancer death	()	E. over nutrition
6. Gonorrhoea	()	F. testosterone
7. Detection of children with recurrent infection needs for	()	G. ability to give many possible answers
8. Prolonged use of cocaine will result in	()	H. breast cancer
9. Hormone replacement therapy is prescribed for	()	I. estrogen
10. Major societal health problem	()	J. bacterial infection
		K. osteoporosis
		L. prevention of malnutrition

Student Reg. No:

Part C - Short Answer Questions (60 marks)

Answer within the given space.

Question 1

1.1 Write the appropriate age period (in years) which indicates the below mentioned developmental stages of a child during his life span. **(04 marks)**

- I. Infant -
- II. Pre-school child -
- III. School age child -
- IV. Adolescent -

1.2 List **five (05)** domains of development of School aged child. **(05 marks)**

- I.
- II.
- III.
- IV.
- V.

1.3 Write **three (03)** guidelines that the nurses can use in counselling parents and others who work with children

(06 marks)

- I.
- II.
- III.

(Total = 15 marks)

Student Reg. No:

Question 2

Adolescence is a period of life with specific health and developmental needs and rights.

2.1 Define the term **Puberty** (02 marks)

.....
.....
.....

2.2 Write **four (04) physical changes** appears in boys due to increase secretion of testosterone hormone. (04 marks)

- I.
II.
III.
IV.

2.3. Write **four (04) physical changes** appears in girls due to increased secretion of estrogen hormone. (04 marks)

- I.
II.
III.
IV.

2.4 Write **five (05) main causes of stress** in adolescents. (05 marks)

- I.
II.
III.
IV.
V.

(Total = 15 marks)

Student Reg. No:

Question 3

Mrs. A was a 42 years old mother of two children. She attended the well-woman clinic in her MOH area to undergo a **Pap Smear Test**.

3.1 Name the main disease condition that can be detected by performing a **Pap Smear Test**. **(01 marks)**

.....

3.2 Name the Causative organism for the above mentioned disease condition. **(02 marks)**

.....

3.3 Write **six (06)** Nursing responsibilities in promoting women's health. **(12 marks)**

I.

II.

III.

IV.

V.

VI.

(Total = 15 marks)

Question 4

Societal health problems impose huge impact on people

4.1 List **five (05)** major societal health problems in Sri Lanka. **(05 marks)**

I.

II.

III.

IV.

V.

Student Reg. No:

4.2 List **four (04)** causes of poverty. **(04 marks)**

I.

II.

III.

IV.

4.3 Define the following terms **(06 marks)**

I. Absolute poverty -

.....

.....

II. Relative poverty-

.....

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(Total = 15 marks)

Part D – Short Essay Question (SEQ) (20 marks)

Answer within the given space.

Question 01:

(A). A 5 year old child was admitted to the accident ward following an accidental fall with an injured right arm. As a staff nurse of the ward how you are going to educate the parents of this child regarding **“How to keep your child Safe”**?

(10 marks)

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Student Reg. No:

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(B). Briefly describe the role of the nurse in HIV/AIDS prevention.

(10 marks)

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(Total = 20 marks)

