



THE OPEN UNIVERSITY OF SRI LANKA

FACULTY OF EDUCATION

BACHELOR OF EDUCATION HONOURS IN NATURAL SCIENCES DEGREE
PROGRAMME - LEVEL 05 -2021/2022

FINAL EXAMINATION - 2022

STU5314 – GUIDANCE AND COUNSELLING IN EDUCATION

DURATION – THREE (03) HOURS

Date: 03.12.2022

Time: 1.30 p.m. – 04.30 p.m.

Answer All the questions in Part I and any three (03) questions in Part II.

PART - I

01. Name a guidance and counselling service presently operating in Sri Lanka outside the school system, and briefly describe **two (02)** services rendered by them.
02. List **three (03)** major ethics in counselling and explain the importance of **one (01)** of them.
03. Briefly explain the **two (02)** main goals of the psychoanalytic therapy in counselling.
04. List **five (05)** key skills that the school should provide opportunities for students to master in order to enter the world of work successfully.
05. Explain in brief **two (02)** reasons why secondary school children may need counselling services.
06. Mention **five (05)** factors related to the school environment that may influence the emergence of behaviour problems in children.
07. Describe in brief **two (02)** strategies that could be adopted by a teacher to help mentally retarded children.
08. State **five (05)** specific characteristics of children with learning disability.

(5 x 8 = 40 marks)

PART - II

09. i. Explain the concept of counselling in your own words. (03 marks)
- ii. Briefly describe the importance of alcohol and drugs counselling in the present Sri Lankan context by giving **two (02)** reasons. (05 marks)
- iii. "COVID-19 pandemic situation created a need to provide guidance and counselling to students." Justify this statement with **four (04)** reasons. (3x4=12 marks)
10. i. Briefly explain the concept of adjustment giving an example from the school setting. (03 marks)
- ii. How would failure in adjustment lead to issues in learning? Illustrate with a suitable example. (05 marks)
- iii. Describe how a teacher could facilitate the development of a well-adjusted personality in students highlighting **four (04)** specific strategies. (12 marks)
11. "Growing complexities in the school system at present has posed a serious need for school guidance and counselling."
- i. Mention **three (03)** factors related to the school system that has created a need for providing guidance and counselling for primary school children. (1x3=3 marks)
- ii. Giving a suitable example, explain in brief why a school guidance and counselling service should be continuous. (05 marks)
- iii. Name the **three (03)** organization models of school guidance and counselling services, and justify the most suitable model for your school/the school in your village giving **three (03)** reasons. (12 marks)

12. "Techniques of counselling practised within the school system could be divided into two categories as testing and non-testing techniques".
- i. State **three (03)** reasons why a teacher cannot depend on only one counselling technique to collect data on a student who is confronted with a problem.
(1x3=3marks)
 - ii. Briefly explain the benefits of using observation as a counselling technique when providing guidance and counselling to the school community.
(05 marks)
 - iii. Describe the **two (02)** methods of reporting the information collected through observation providing an example for each.
(6x2=12 marks)
13. i. Mention **three (03)** objectives of career guidance and counselling.
(1x3=3 marks)
- ii. Describe in brief the underlying principles of Eli Ginzberg's Theory of Vocational Choice.
(05 marks)
 - iii. Name the **three (03)** main stages of career choice in Ginzberg's Theory and briefly explain how you would facilitate your students' preparation for the world of work during each of these stages.
(4x3=12 marks)
- (Total marks for Part II =60)

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