

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
ACADEMIC YEAR 2022/2023 – SEMESTER I



BSC HONS IN PSYCHOLOGY
PLU 5306: CLINICAL PSYCHOLOGY- LEVEL 5
CONTINUOUS ASSESSMENT TEST – NBT I
DURATION: 1 ½ HOURS

DATE: 20th December 2022

TIME: 2.00pm – 3.30pm

INDEX NO:

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- This question paper consists of 09 pages with TWO sections
- **Section 1: 20 Multiple Choice Questions - (40 Marks)**
- **Section 2: 12 Short Answer Questions - (60 Marks)**
- Write your INDEX NO in the space provided.
- **Multiple Choice Questions (Section 1):** Indicate answers in the ANSWER SHEET provided by placing a cross (X) in INK in the relevant cage (answers in pencil will NOT be marked)
- **Short Answer Questions (Section 2):** Write the answer within the space provided.
- Do NOT remove any page/part of this question paper from the examination hall.
- Do NOT keep unauthorized materials, including mobile phones and other electronic equipment, with you during the examination

SECTION 1: Multiple Choice Questions (20 Questions-40 Marks)

- 1.1 Which Psychologist founded the first psychological research laboratory in 1879 and with it the beginning of psychology as field of experimental study?
- a Sigmund Freud
 - b Carl Jung
 - c Wilhelm Wundt
 - d Carl Rogers
- 1.2 Psychiatry differs from Clinical Psychology;Which of the following is the correct answer?
- a In that it is mainly focused on therapy
 - b In that they view mental illness primarily from a biological perspective
 - c They focus only on how society can affect an individual's mental health
 - d They focus only on the adaptive behaviours of an individual
- 1.3 Which type of Psychologist would you need to consult if your child was facing learning difficulties in school?
- a Health psychologist
 - b Clinical psychologist
 - c Counselling psychologist
 - d Educational psychologist
- 1.4 What is a mental state examination?
- a It is a brief assessment of the client's cognitive functioning at the time of the interview
 - b Is carried out in situations that require immediate attention and immediate intervention for the problem the client is facing
 - c Is carried out with the purpose of arriving at a diagnosis of the client's problem
 - d It's an examination of the client's problem and whether treatment is needed
- 1.5 What is Confrontation in a client interview process?
- a Repeating what the client has said to ensure that all the facts have been understood by the Psychologist
 - b This technique is used to make clarifications on any discrepancies in the client's statements
 - c Is a technique used to connect everything the client has said
 - d Involves reflecting what the client has said so that all emotional content is captured and clarified

- 1.6 What is cultural competency in a skilled interviewer?
- a Culturally sensitive to how culture could affect the client/psychologist interaction
 - b That the client's culture doesn't affect the therapeutic process
 - c Client's culture is only important in the intervention stage
 - d Psychologists should see client's only if they share the same culture
- 1.7 What are the three types of intelligence proposed by "Robert Sternberg"?
- a Analytical, creative, and musical intelligence
 - b Creative, musical, and spatial intelligence
 - c Analytical, creative, and practical intelligence
 - d Practical, musical, and creative intelligence
- 1.8 Which two Psychologists were instrumental in developing the first intelligence test?
- a Lewis Turman and Alfred Binet
 - b David Wechsler and Theodore Simon
 - c David Wechsler and Lewis Turman
 - d Alfred Binet and Theodore Simon
- 1.9 Which test below is an example of a Neuropsychological test battery?
- a Wechsler Adult Intelligence Scale Arithmetic subtest
 - b Trail-Making Test or Trails A & B
 - c Montreal cognitive assessment
 - d Boston naming test
- 1.10 What are four influences on Intelligence?
- a Genetics, early intervention affects and schooling
 - b Genetics, environmental influences, and interpersonal skills
 - c Genetics, early intervention affects and interpersonal skills
 - d Genetics, environmental affects, and schooling
- 1.11 What are three general skills a skilled interviewer should possess?
- a Attentiveness, Self-awareness, cultural competency
 - b Self-awareness, cultural competency, summarizing
 - c Summarizing, reflection, cultural competency
 - d Attentiveness, cultural competency, summarizing
- 1.12 What are the four common approaches to personality inventory development?
- a Rational, evidence-based, criterion-group, theory based
 - b Rational, theory-based, criterion-group, factor-analysis
 - c Theory based, evidence-based, factor-analysis, criterion group
 - d Rational, evidence-based, factor-analysis, theory based

- 1.13 What is the most psychometrically sound personality assessment used by clinical psychologists?
- California Psychological Inventory- III
 - NEO Personality Inventory- Revised
 - Millon Clinical Multi-Axial Inventory – III
 - Minnesota Multiphasic Personality Inventory- 2 (MMPI-2)
- 1.14 What does the A B C stand for in the ABC chart?
- Attending, behaviour and consequence
 - Antecedent, behaviour, and cognition
 - Antecedent, biological and consequence
 - Antecedent, behaviour, and consequence
- 1.15 What is the naturalistic conditions behaviour assessment?
- Direct observation of a client's behaviour in the natural environment
 - Direct observation of a client's behaviour in a hospital environment
 - Direct observation of a client's behaviour in a natural controlled environment
 - Client's self-observation of their behaviour
- 1.16 What are four functions of a "Clinical Psychologist"?
- Interventions, Pharmacology, Research, Teaching
 - Assessment, Interventions, Pharmacology, Research
 - Assessment, Interventions, Teaching, Research
 - Teaching, Assessment, Pharmacology, Interventions
- 1.17 What is the practitioner-scholar (Vail) model of clinical psychologist training?
- Clinical psychologists to be trained in application of clinical and research methods
 - Clinical psychologists to be trained in only research methods
 - Clinical psychologists to be trained in clinical skills and pharmacology
 - Clinical psychologists to be trained extensive clinical skill to provide clinical services
- 1.18 A factor to consider when conducting a clinical interview Which one of the following is the correct answer?
- Informed consent should be obtained from clients for audio and video recordings of interview
 - Interviews should be conducted using only structured interviews
 - Interviewer should only use open ended questions
 - Interviewer should display personal items in the interview setting

- 1.19 Why is “Rapport” important when conducting a clinical interview?
- a The client is able to approach the psychologist in any public setting.
 - b To build a positive relationship with the client to make them feel comfortable.
 - c The psychologist can talk to a client like they are a friend.
 - d To ensure the client that the psychologist is able to solve their problems.
- 1.20 “California Verbal Learning Test, Rey Auditory Verbal Learning Test and Benton Visual Retention Test are”. Which one of the following is the correct answer?
- a neuropsychological assessments to test motor function
 - b neuropsychological assessments to test language
 - c neuropsychological assessments to test problem solving and decision-making skills
 - d neuropsychological assessments to test memory

INDEX NO:

ANSWER SHEET FOR SECTION-1

| Q. No. | (a) | (b) | (c) | (d) |
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- 2.5 Does a low IQ mean that a person is not Intelligent? (5marks)
- 2.6 What is Neuropsychology? (5marks)
- 2.7 Give three reasons for Neurological testing. (5marks)
- 2.8 Why do Psychologists assess individuals for Personality? (5marks)
- 2.9 What is a Culturally Competent Assessment? (5marks)
- 2.10 What is the S O R C model of behavioural assessment? (5marks)

2.11 What are the behavioural scales that are validated to be used in Sri Lanka? (5marks)

2.12 Describe the Scientist-practitioner model of training clinical Psychologists. (5marks)

-----END OF QUESTION PAPER-----

