



The Open University of Sri Lanka  
Department of Nursing - B.Sc. Honours in Nursing Programme  
NGU6910- Primary Health Care II  
Academic Year 2018 /2019 - Level 6- No Book Test 01

*Please return your question paper with your answer sheet*

**Date: 21.12.2018**

**Time: 2.00 p.m-3.30 p.m**

**Duration: 1½ hours**

**Registration No: .....**

**Please read the instructions given below before answering the questions.  
This question paper consists of four parts: Part A, B, C and D.  
Answer all questions.**

**Part A – 10 Multiple Choice Questions**

**(10 marks)**

There are **10 Multiple Choice Questions** in this paper and below each question or statement contains four responses. Select the **best response** to each question and **encircle** it.

**Part B – 10 Matching Questions**

**(10 marks)**

Match the phrases given on the Left column with most relevant words/ phrases given on the Right column. Put the letter belongs to the selected word/ phrases in the brackets given on the left.

**Part C - Four (4) Short Answer Questions (SAQs)**

**(60 marks)**

Answer all the questions within the given space.

**Part D- One (1) Short Essay Question (SEQ)**

**(20 marks)**

Answer within the given space.

**Good Luck!!!**

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**Part A – 10 Multiple Choice Questions (10 marks)**

- 1) The end product of fertilization is a cell with 46 chromosomes. This cell is called as;
  - a) egg cell
  - b) Fertilized cell
  - c) stem cell
  - d) a zygote
  
- 2) What is the **INCORRECT** statement regarding physiological changes occurring in pregnancy?
  - a) HCG is secreted in urine 8-10 days in fertilization.
  - b) Blood volume gradually increases at the beginning of the first trimester.
  - c) Estrogen and progesterone act on the breast.
  - d) Decreases the vaginal secretion.
  
- 3) The infants typically double their birth weight by,
  - a) 2 months
  - b) 4 months
  - c) 6 months
  - d) 12 months
  
- 4) Psychological adaptations to pregnancy differ in each pregnant mother. **Ambivalence** is a maternal response during 1<sup>st</sup> trimester which express as all of the following **EXCEPT**;
  - a) Mixed feelings even of pregnancy planned.
  - b) Worried about coping with labor.
  - c) Often feel unprepared for permanent lifestyle changes.
  - d) Wonders about ability to be a parent.
  
- 5) What is **INCORRECT** regarding the developmental milestones of a child?
  - a) Can raise head when lying on stomach at the 2<sup>nd</sup> month.
  - b) Can walk without support at the 11 month.
  - c) She/ he can pushes body forward on hands and knees in 9 months.
  - d) In 8 -9 months they can picks up objects with thumb.
  
- 6) What is the **INCORRECT** statement regarding the National Immunization Program?
  - a) Infants who completes the two months of age should be given polio vaccine.
  - b) Pentavalent vaccine protects the child from four diseases.
  - c) MMR 2<sup>nd</sup> dose should be given just after 3<sup>rd</sup> year.
  - d) DT vaccine should be given after five years of age.

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- 7) At birth, a newborn male is pink, cries when stimulated, and requires routine care. What is his one-minute Apgar score?
- a) 0 - 2
  - b) 3 - 5
  - c) 6 - 8
  - d) 8 - 10
- 8) Which of the following factors that negatively affect to the develop the language ability of the pre school child include,
- a) Low socio economic back ground of the family
  - b) Lack of awareness of the parent in giving proper guidance to stimulate the child
  - c) Physical defects
  - d) All of the above
- 9) What is the **INCORRECT** statement regarding guiding the pre school,child's behavior;
- a) Provide advice or molding behavior or discipline.
  - b) Encourage behavior that is socially acceptable.
  - c) Encourage punishments for poor behavior.
  - d) Make a child feel secure, to protect them from danger.
- 10) Egocentrism can be defined as;
- a) the belief that everything in the world, including natural events and objects have been created by humanity.
  - b) the tendency of children to view their environment only in terms of their own point of view.
  - c) the child's belief that things are alive or have human characteristics because they move or grow.
  - d) the notion that the world has a built in system of law and order.

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**Part B – 10 Matching Questions (10 marks)**

Match the words given on the **Left** column with most relevant phrases given on the **Right** column. Put the letter belongs to the selected words/ phrases in the brackets given on the left.

Left		Right
1. Quick and accurate way of evaluating the baby's physical status	( )	A. Placenta praevia
2. An infant's visual accommodation and focusing abilities are close to the mature adults	( )	B. Religious activities
3. Postural hypotension may occur during pregnancy due to	( )	C. Prehension
4. Quickening of primi gravid mother	( )	D. APGAR scoring system
5. Example for antepartum hemorrhage	( )	E. Reduced vascular resistance
6. Turns body completely around and pulls self to sitting position with aid	( )	F. By 12 months of age
7. Vernix caseosa is present	( )	G. 16 <sup>th</sup> week of fetal development
8. According to EPI schedule, JE vaccine should be given	( )	H. Locomotion
9. Spiritual development of pre school child	( )	I. By 6 months of age
10. Ability to grasp objects between the fingers and opposable thumb is called	( )	J. Increase stroke volume
		K. By 4 months of age
		L. 24 <sup>th</sup> week of pregnancy

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**Part C - Short Answer Questions (60 marks)**

Answer within the given space.

**Question 1**

In a high risk pregnancy, mother and/ or the fetus will be at increased risk for morbidity or mortality. There are several risk factors that cause for high risk pregnancy.

1.1 List **three (3)** risk factors with **one (1)** example for each **(6 marks)**

I. ....

II. ....

III. ....

1.2 List **three (3)** high risk conditions in pregnancy **(3 marks)**

I. ....

II. ....

III. ....

1.3 State **three (3)** management strategies for a mother with high risk pregnancy **(6 marks)**

I. ....

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II. ....

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III. ....

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**(Total = 15 marks)**

**Question 2**

A reflex is a muscle reaction that happens automatically in response to stimulation. Certain sensations or movements produce specific muscle responses.

2.1 Write **two (2)** uses of reflexes in infants **(4 marks)**

I. ....

II. ....

2.2 List **five (5)** reflexes in infants **(5 marks)**

I. ....

II. ....

III. ....

IV. ....

V. ....

2.3 Briefly describe **The Readiness Principle** with examples **(6 marks)**

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**(Total = 15 marks)**

**Question 3**

Postnatal care is a crucial component of safe motherhood and neonatal health. It begins immediately after birth of the baby and extend up to 6 weeks (42 days) after birth.

**3.1 Write five (5) most important nursing considerations in the management of post natal care (5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

**3.2 State five (5) advantages of breast feeding (5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

**3.3 Write five (5) important aspects that we should consider in immediate neonatal care (5 marks)**

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

**(Total = 15 marks)**

**Question 4**

Motor skills develop at a fast rate to enable children to deal with their needs and cope with their environment.

4.1 List **three (03)** stages of motor – skills development. **(6 marks)**

- I. ....
- II. ....
- III. ....

3.2 Write **two (02)** gross motor skills and **two (02)** fine motor skills which develop during the following age periods. **(4 marks)**

Age period	Gross motor skills	Fine motor skills
2 – 3 years	I.	I.
	II.	II.
3 – 4 years	I.	I.
	II.	II.

3.3 Describe the parents' role regarding prevention of childhood accidents **(5 marks)**

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**(Total = 15 marks)**



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**Part D – Short Essay Question (SEQ) (20 marks)**

Answer within the given space.

**Question 1:**

The health care received by a woman during pregnancy has impact on health and well-being of both mother and child. As complications can occur anytime during pregnancy, regular antenatal care is needed to be received from a skilled healthcare provider. Booking visit is one of major concern in Antenatal care.

(A) Describe the Booking visit and activities that are undergone at the booking visit

(10 marks)

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