

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2020/2021- SEMSETER 1

EXAMINATION

BACHELOR OF SCIENCE HONOURS IN NURSING
NGU5406 PSYCHIATRY AND MENTAL HEALTH NURSING - LEVEL 5
FINAL EXAMINATION

DATE: 11. 03. 2022

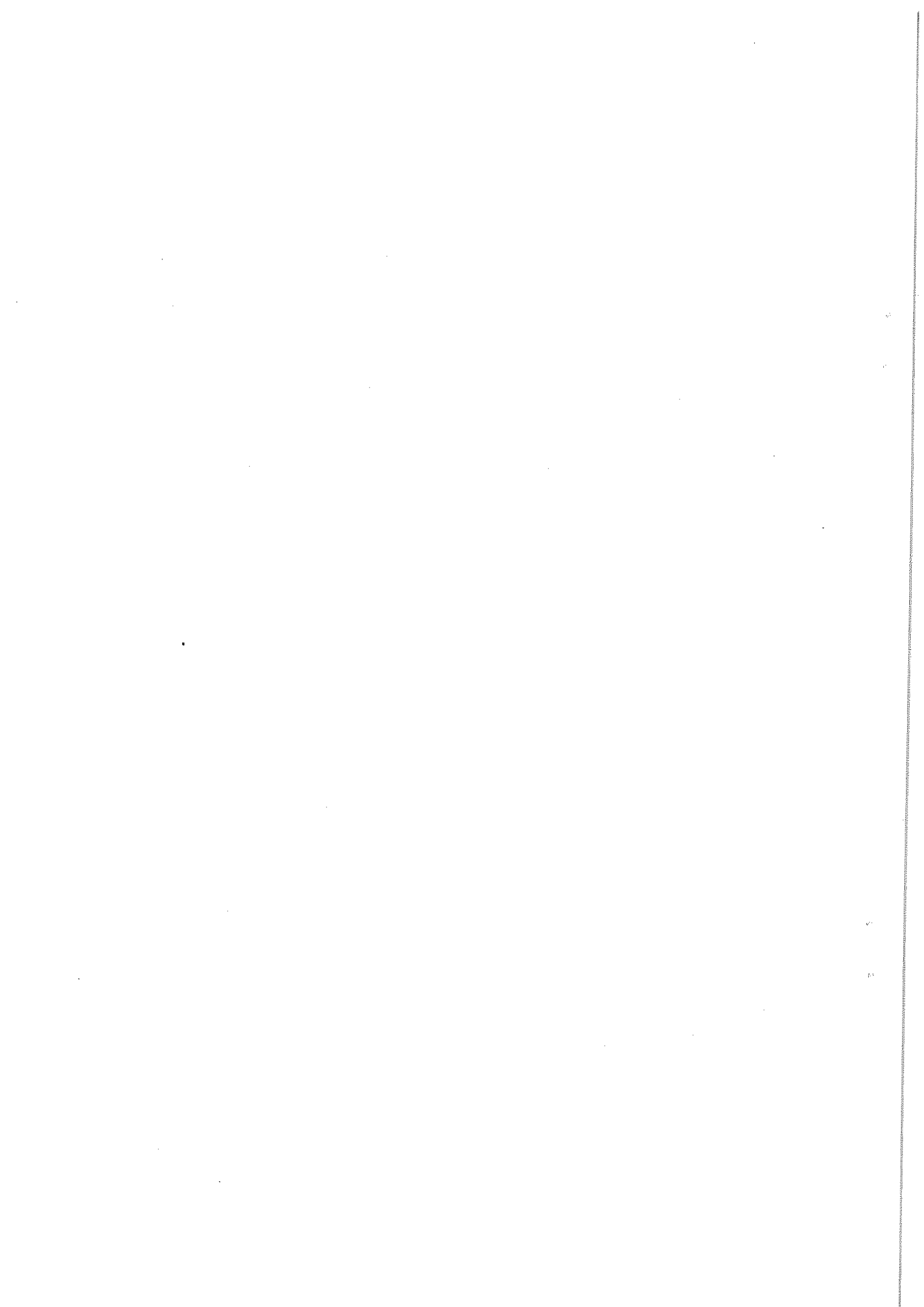
TIME: 09.30 AM - 12.30 PM

Part B Matching Questions

(10 Marks)

Match the phrases given on the left with most relevant words /phrases given on the right. Put the letter belongs to the selected word in the brackets given on the left.

Left		Right
1. Process of human reaction to new situations by using the mechanisms they already have.	()	A. Advanced Level Function of nurse
2. Negative symptom of schizophrenia	()	B. Dementia
3. Cortical control of emotions and memory	()	C. Therapeutic use of self
4. Nurses' ability to use their personality with awareness to promote growth and healing process	()	D. Cognitive development theory
5. Psychobiological interventions	()	E. Assimilation
6. Formal operational stage (11-15 years and up)	()	F. Apathy
7. Balance between their inner experience and outward behavior	()	G. Avolition
8. Group activities and structured, little time taking activities	()	H. Moral development theory
9. Alternating co-operation and opposition	()	I. Papez circuit
10. Behave in an irrational, uncooperative, delusional and assaultive manner	()	J. Ambitendency
		K. Violent or aggressive behavior
		L. Congruence



Index number/ NIC Number

Part C

Short Answer Questions

(/40 Marks)

1. The nurse is prioritizing nursing diagnoses in the plan of care for a client experiencing a manic episode. Order the following diagnosis from 1 to 4 from most priority nursing diagnosis to least priority nursing diagnosis and write the number of the diagnosis in the blanks given. (04 marks)

- a) Disturbed sleep pattern evidenced by sleeping only 4-5 hours per night
- b) Risk for injury related to manic hyperactivity.....
- c) Impaired social interaction evidenced by manipulation of others.....
- d) Imbalanced nutrition: Less than body requirements evidenced by loss of weight and poor skin turgor.....

2. The nurse at a mental health clinic is meeting a new client for the first time and plans to do a psychosocial assessment. When the client arrives, the nurse finds a young woman who looks somewhat apprehensive and is crying. The client can tell the nurse her name and age but begins crying before she can provide any other information. The nurse knows it is essential to obtain information from this young woman, but it is clear she will have trouble answering all interview questions at this time. (08 marks)

Explain the rationale for following questions that the nurse would ask this client initially.

A possible question that the nurse might ask from the client	Rationale for the question
What is the matter? / What brings you here?
Have you ever felt this way before?
Have you thought of harming you or others?
What kind of help do you think you need from me/us?

Index number/ NIC Number

3. People with sexual dysfunction have significant disturbance with sexual response cycle. This is not due to an underlying organic cause. There are many reasons as physical factors, and psychological factors. Psychological factors may be predisposing factors, precipitating factors and perpetuating factors.

List one example for each factor. (03 marks)

- I. A predisposing factor
.....
- II. A precipitating factor
.....
- III. A perpetuating factor
.....

4. List **four (04)** nursing interventions **specific** for person with Sexual Disorder. (04marks)

- I.
- II.
- III.
- IV.

5. Briefly describe the role of the nurse in psychiatric rehabilitation. (06 marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

Index number/ NIC Number

6.1 Substance-related disorders are classified in to two groups as such as substance-use disorders and substance-induced disorders. Briefly explain the statement “although, alcohol content varies according to the type of beverage, the effect on the body will be the same with an average sized drink”. (03 marks)

.....

.....

.....

.....

.....

.....

.....

.....

6.2 Identify **three (03)** alcohol-induced disorders and the **relevant clinical/behavioral** signs and fill in the blanks according to the following table. (12 marks)

Alcohol-induced disorder	Clinical signs
.....	I. II. III.
.....	I. II. III.
.....	I. II. III.

00804: