

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2020/2021 – SEMESTER II—FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU 5302 - MENTAL HEALTH & PSYCHOSOCIAL WELLBEING - LEVEL 5
FINAL EXAMINATION PAPER
DURATION: 02 HOURS

DATE: 29th SEPTEMBER 2022

TIME: 2.00PM – 4.00PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

- 2.1 Twenty-eight years old Kamala is a mother of four children. When she was 15 years old, she was sexually assaulted and forced to marry the perpetrator (current husband) by her father. She wanted to complete the O/L examination though she did not get the opportunity. Her husband has been humiliating her reminding that incident and threatening her that he would leave her if she did not obedient to him. Further, he is an alcohol addict and when he consumes alcohol, he often hits her and throws her out of the home at night.
- Briefly explain what gender is-based violence and identify four (04) main types of gender-based violence with examples that Kamala has experienced according to the scenario. (5 marks)
 - Identify four (04) main consequences of gender-based violence with examples (5 marks)
 - Explain what induce gender-based violence in Sri Lankan context? (5 marks)
- 2.2 Sudesh is 15 years old, who studies in a government school and his parents do not allow him to participate in extracurricular activities or develop friendships in the school or in other social settings as they fear that can affect his studies. However, he says he feels unhappy and lonely in life.
- Explain the significance of peer groups in adolescents' life. (7 marks)
 - Explain according to Resnick, what are the main four processes of protective factors in enhancing the well-being of adolescents using the examples related to the case scenario ? (8 marks)
- 2.3 Saman is 38 years old former banker who has paralyzed 2 years ago due to a rare neurological disease and now he has lost his mobility. Due to the current condition, he has also lost his hope and always in depressed mood.
- Explain the Biopsychosocial model of disability using examples from the given

