



DATE: 17th September, 2022

TIME: 9.30 am- 11.30am

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

- 2.1 Every country has faced challenges in relation to improving health needs of older population.
- a). Describe two (2) common concerns of policy makers related to increasing older population? *(10 marks)*
- b). Older adults' expenses are funded or earned in different ways across the world. Briefly describe two (2) common methods of funding? *(5 marks)*
- 2.2 a). Identify the similarities and/or differences between John Bowlby's approach to grief and William Worden's approach to grief. *(5 marks)*
- b). Describe the stages of grief introduced by William Worden. *(10 marks)*
- 2.3 Retirement is viewed as another stage in the life cycle. Feldman & Beehr (2011) explained six (6) stages that individuals go through after their retirement.
- a). List the six (6) stages explained by Feldman and Beehr. *(6 marks)*
- b). Explain three (3) of them. *(9 marks)*
- 2.4 Health challenges of aging population in Sri Lanka are one of the most important areas that should be addressed.
- a). List three (3) ways of addressing the increasing healthcare needs of older adults in Sri Lanka. *(6 marks)*
- b). Describe two (2) of them. *(9 marks)*
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- 2.5 a). Briefly describe two (2) behavioural and psychological symptoms of Alzheimer's Disease. *(5 marks)*
- b). Explain two (2) non-pharmacological interventions that help reduce the symptoms and manage the progression of Alzheimer's Disease. *(10 marks)*
- 2.6 a). Briefly describe two (2) primary factors that contribute to a 'good later life'? *(5 marks)*
- b). Discuss two (2) theories related to social roles of older adults. *(10 marks)*

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