

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
ACADEMIC YEAR 2022/2023- SEMESTER II



BSC HONS IN PSYCHOLOGY
PLU5308- CROSS-CULTURAL PSYCHOLOGY-LEVEL 5
CONTINUOUS ASSESSMENT TEST – NBT I
DURATION: 1 ½ HOURS

DATE: 15.06.2023

TIME: 11.30 am-1.00pm

INDEX NO:

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- This question paper consists of **09** pages with **TWO** sections.

Section 1: 20 Multiple Choice Questions - (40 Marks)

Section 2: 12 Short Answer Questions - (60 Marks)

- Write your INDEX NO in the space provided.
- **Multiple Choice Questions (Section 1):** Indicate answers in the **ANSWER SHEET** provided by placing a cross (X) in **INK** in the relevant cage (answers in pencil will **NOT** be marked)
- **Short Answer Questions (Section 2):** Write the answer within the space provided.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Do **NOT** keep unauthorized materials, including mobile phones and other electronic equipment, with you during the examination

SECTION 1: Multiple Choice Questions (20 Questions-40 Marks)

- 1.1 Which of the following answers can be identified as a characteristic of the culture?
- a Culture is similar to the concept of nationality.
 - b It is only consisted of subjective characteristics of the culture.
 - c Culture can be constructed outside of the person.
 - d It consists of attitudes, behaviours, and symbols.
- 1.2 Which of the following answers can be observed as one of the main roles of the culture?
- a To pursue happiness and wellbeing of individuals
 - b To facilitate communication between groups with the culture
 - c To transmit cultural values into personal characteristics
 - d To manage intergroup conflicts within the culture
- 1.3 As a British Anthropologist, W. H. R. Rivers facilitated the initial development of Cross-cultural Psychology. Which of the following answers can be identified as his major contribution?
- a Introducing Folk Psychology
 - b Identifying the ethnocentric nature of people
 - c Conducting research to understand visual perception across cultures
 - d Identifying reasoning as a universal human feature
- 1.4 Certain factors in the contemporary society increase the interests on Cross-cultural Psychology. Which of the following answers can be identified as factors that facilitate the recognition on Cross-cultural Psychology?
- a Globalization and industrialization
 - b Industrialization and migration
 - c Migration and individualization
 - d Globalization and migration
- 1.5 Which one of the following answers can be identified as one of the key principles in Cross-cultural Psychology?
- a People view and evaluate other cultures ethnocentrically.
 - b Psychological phenomenon across cultures is basically the same.
 - c All psychological phenomenon across cultures is culture specific.
 - d People in various culture share differences than commonalities.

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- 1.6 Which of the following answers can be considered as one of the main dimensions to understand the cultural influence on psychological similarities and differences across cultures?
- a Individuals Vs groups
 - b Masculinity vs femininity
 - c Micro Vs Macro levels in the society
 - d Variation Vs selection
- 1.7 The Sri Lankan woman has recorded one of the lowest economic and political participation in South Asia. Which of the following dimensions can be used to describe the above status of women?
- a Collectivism
 - b Uncertainty Avoidance
 - c Power distance
 - d Long term orientation
- 1.8 Which of the following theories can be identified as a theory in Sociology that helps expand understanding on Cross-cultural Psychology?
- a Ecological System Theory
 - b Symbolic Interactionism Theory
 - c Collective Constructionist Theory
 - d Affect Valuation Theory
- 1.9 Which of the following answers best describes the Bronfenbrenner's Ecological system theory?
- a The relationship between the child's parent and teacher is an example for micro system.
 - b Mesosystem explains child's contact with his/her immediate environment.
 - c Characteristics of parent's workplace is an example for Exosystem.
 - d Macrosystem identifies the child's relationship to his/her school.
- 1.10 Which of the following subjects best facilitates the content of Cross-cultural Psychology?
- a Biology
 - b History
 - c Physics
 - d Anatomy

- 1.11 Paul Ekman and his colleagues studied about universal expressions of emotions. Which of the following answers identifies six basic universal emotions shared by people across cultures according to this study?
- a Happiness, sadness, surprise, fear, disgust, and anger
 - b Happiness, excitement, surprise, fear, disgust, and anger
 - c Happiness, sadness, surprise, fear, disgust, and relief
 - d Happiness, sadness, embarrassment, fear, disgust, and anger
- 1.12 According to Piaget (1972) four main factors influence on the process of cognitive development. Which of the following answers identifies those four factors correctly?
- a Biological factors, equilibration factors, community factors, cultural factors
 - b Biological factors, equilibration factors, social factors, cultural factors
 - c Biological factors, environmental factors, social factors, cultural factors
 - d Biological factors, cognitive factors, equilibration factors, social factors
- 1.13 Which of the following answers best describes 'meta cognition'?
- a Evaluation on memories
 - b Positive attitudes about one's own thinking and learning
 - c Critical awareness of one's own thinking and learning
 - d Critical analysis on one's intelligence
- 1.14 Which of the following events can be identified as a main event to experience 'the cultural shock'?
- a Volunteerism
 - b Breakup
 - c Migration
 - d Marriage
- 1.15 Which of the following answers can be identified as one of the main components of intercultural competence introduced by Kealey and Rubin (1983)?
- a Knowledge on cultural norms
 - b Resilience
 - c Language proficiency
 - d Professional competence
- 1.16 Which of the following answers accurately identifies the five traits in Big Five Theory on Personality?
- a Extraversion, introversion, conscientiousness, neuroticism, psychoticism
 - b Extraversion, introversion, conservative, neuroticism, openness
 - c Extraversion, agreeableness, conscientiousness, neuroticism, openness
 - d Emotional, introversion, conscientiousness, neuroticism, openness

- 1.17 By reviewing personality studies Triandis (1989) explained three aspects of the self. Which of the following answers can be identified as one of these aspects of the self?
- a Collective Self
 - b Personnel self
 - c Cultural self
 - d Self esteem
- 1.18 Amae is identified as a core concept of personality in a particular culture. Which of the following answers can be identified as the culture that discusses the concept 'Amae'?
- a American culture
 - b African culture
 - c Indian culture
 - d Japanese culture
- 1.19 Which of the following answers best suits to describe Indigenous Psychotherapy?
- a Cultural-specific methods use to diagnose psychotic disorders
 - b Non-scientific approaches use to enhance mental well-being
 - c Traditional interventions use to alleviate psychological ailments
 - d Context-specific techniques use to acknowledge about psychological disorders
- 1.20 Which of the following answers can be identified as the most appropriate description about the link between dichotomy of individualism vs collectivism, and personality in Sri Lankan Context?
- a People have been socialized to value individuals' goals not social.
 - b Individuals in Sri Lankan culture show neither individualistic nor collectivistic values.
 - c Personality in Sri Lankan context can be well defined through essential standards in individualistic culture.
 - d Both individualistic and collectivistic characteristics collectively shape the personality.

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ANSWER SHEET FOR SECTION-1

Q. No.	(a)	(b)	(c)	(d)
1.1				
1.2				
1.3				
1.4				
1.5				
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1.19				
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SECTION 2: SHORT ANSWER QUESTIONS (60 MARKS)

All Questions are compulsory.

2.1 Briefly describe the difference between Cultural Psychology and Cross-Cultural Psychology.

(5marks)

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2.2 Clearly define the term of ethnocentrism.

(5marks)

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2.3 Mention two (02) key differences between collectivistic and individualistic culture. (5 Marks)

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2.4 Paul Ekman (1973) identified that emotional expressions can vary according to the social norms of cultural groups by taking a sample of students from two different cultures. Identify what were these two (02) different cultures. (5 Marks)

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2.5 How do you understand objective characteristics of a culture?

Write down two (02) examples for objective characteristics.

(5 Marks)

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2.6 Write down two (02) objectives of Cross-cultural Psychology?

(5 Marks)

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2.7 Write down two (02) key components in the multi-componential approach of emotions.

(5 marks)

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2.8 Write down two (02) common personality assessment inventories?

(5marks)

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2.9 Differentiate 'independent self' from 'interdependent self'.

(5 marks)

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2.10 Briefly discuss an example to identify the role of environment on Personality. (5 marks)

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2.11 How do you understand the conclusion of Prof. Gananath Obesekara's ethnographical study on defining depression in socio-cultural setting in Sri Lanka? (5 marks)

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2.12 Briefly describe how do you define culture-bound syndromes. (5 marks)

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-----END OF QUESTION PAPER-----

