

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF EDUCATION
BACHELOR OF EDUCATION HONOURS IN NATURAL SCIENCES
DEGREE PROGRAMME – 2022/2023 – LEVEL 06
FINAL EXAMINATION – 2023
STU6410 – PSYCHOLOGY OF THE ADOLESCENT
DURATION – THREE (03) HOURS



Date: 22.11.2023

Time: 9.30 a.m. – 12.30 p.m.

Answer All Questions in Part I and any three (03) questions from Part II.

PART - I

01. List **five (05)** cognitive abilities that get developed in an adolescent.
02. Explain in brief the basic ideas put forward through the Biological-Maturation Perspective on Adolescent Development.
03. Describe what is meant by “secondary sexual characteristics” giving **two (02)** suitable examples each for males and females.
04. List **five (05)** developmental tasks of adolescence identified by Robert Havighurst (1972).
05. Examine in brief **two (02)** characteristics of emotional development that takes place during adolescence.
06. “According to the Social Learning Approach by Albert Bandura, social interactions are an important factor that influences personality development.”
Drawing on the principles of the Social Learning Approach, justify the above statement in relation to adolescents based on **two (02)** key points.
07. Analyse **two (02)** ways in which drug abuse could hinder the overall development of an adolescent.
08. Describe in brief **two (02)** social interests of adolescents.

(5 x 8 = 40 marks)

PART - II

09. “Emotions play an integral part in the development of an adolescent.”
 - i. Explain **two (02)** common emotional patterns in adolescents. (04 marks)
 - ii. Explain how the emotions that you mentioned above could influence the social development of an adolescent. (06 marks)
 - iii. Referring to at least **three (03)** key strategies, examine how the class teacher could help adolescents to solve their emotional problems. (10 marks)

10. "Becoming independent is a need arising from the cognitive development that takes place during adolescence."
- i. Briefly analyse why it is important for adolescents to become independent. (04 marks)
 - ii. Explain how the above need could lead to conflicts among adolescents and their parents, with special reference to the Sri Lankan context. (06 marks)
 - iii. Highlighting **three (03)** key strategies, examine how parents could help adolescents become independent. (10 marks)
- 11.
- i. Explain the concept of "personality" citing an accepted definition. (04 marks)
 - ii. Briefly describe the relationship between an adolescent's "self-concept" and his/her personality. (06 marks)
 - iii. Discuss how the ideas put forward by Carl Rogers could be used by the school administration to facilitate the development of a wholesome self-concept in adolescents. (10 marks)
- 12.
- i. "Identifying adolescence as a special stage in the human lifespan is a relatively new social invention".
Explain in brief **two (02)** factors that have led to the identification of adolescence as a significant stage in human life. (04 marks)
 - ii. Compare the nature of ego-centrism present in an adolescent, and that in a child in his/her early childhood. (06 marks)
 - iii.
 - a. State **two (02)** problems that ego-centrism can create in an adolescent. (1 x 2=2 marks)
 - b. Examine how parents could help adolescents overcome **one (01)** of the problems that you mentioned under (a) above illustrating **two (02)** specific strategies that could be employed. (08 marks)
- 13.
- i. List **four (04)** attitudes and values that you, as a teacher, would like to inculcate in your adolescent students. (1 x 4 = 4 marks)
 - ii. Discuss **two (02)** challenges that you would face in attempting to inculcate those attitudes and values in adolescent students. (3 x 2 = 06 marks)
 - iii. Examine how you, as a teacher, would overcome the **two (02)** challenges that you mentioned under (ii) above, referring at least to **one (01)** strategy that you would adopt to address each challenge. (5 x 2 = 10 marks)

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13.

i. ஒரு ஆசிரியர் என்ற வகையில் நீங்கள் உங்களுடைய கட்டிளமைப் பருவ மாணவர்களிடத்தில் விருத்தி செய்வதற்கு எதிர்பார்க்கும் நான்கு (04) மனப்பாங்குகள் மற்றும் விழுமியங்களைப் பட்டியற்படுத்துக.

(1x4 = 4 புள்ளிகள்)

ii. கட்டிளமைப்பருவ மாணவர்களிடத்தில் அந்த மனப்பாங்குகள் மற்றும் விழுமியங்களை விருத்தி செய்யும் போது நீங்கள் முகங்கொடுக்கக் கூடிய சவால்கள் நான்கு (04) பற்றி கலந்துரையாடுக

(3 x 2=06 புள்ளிகள்)

iii. மேலே பகுதி II இல் நீங்கள் குறிப்பிட்ட சவால்களுக்கு முகங்கொடுப்பதற்கு ஆசிரியர் என்ற வகையில் நீங்கள் பின்பற்றும் உபாயங்களை பரிசீலனை செய்க. ஒவ்வொரு சவாலுக்கும் குறைந்தபட்சம் ஒரு (01) உபாயத்தினை முன்வைக்குக.

(5 x 2 = 10 புள்ளிகள்)

பகுதி - II 20 x 03 = 60 புள்ளிகள்

மொத்தம் = 100 புள்ளிகள்

- முழுப்பதிப்புரிமை பெற்றது -