

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF EDUCATION
BACHELOR OF EDUCATION HONOURS IN NATURAL SCIENCES
DEGREE PROGRAMME - 2022/2023
LEVEL - 05
FINAL EXAMINATION - 2023
STU5314 – GUIDANCE AND COUNSELLING IN EDUCATION
DURATION – THREE (03) HOURS



Date: 22.11.2023

Time: 1.30 p.m. – 04.30 p.m.

Answer All the questions in Part I and any three (03) questions from Part II.

PART - I

01. Name a guidance and counselling centre presently in operation in Sri Lanka outside the school system, and describe the services rendered by it highlighting any areas of counselling that they specialize in.
02. Describe in brief **two (02)** skills that should be developed in senior secondary school students which would help them to collect information about vocations of interest on their own.
03. Examine in brief **two (02)** main causes of aggressiveness in school children.
04. Highlighting **three (03)** observable behaviours of visually impaired students, discuss how the teacher could identify such students in one's classroom.
05. Giving **two (02)** suitable examples, explain how the school guidance and counselling service could help to develop a balanced personality in adolescents.
06. Mention **five (05)** strategies that could be adopted by a teacher to facilitate the participation of children with learning disability in the teaching learning process.
07. Analyse the Parsonian Model introduced by Frank Parsons in the early 20th century as a tool for providing career guidance.
08. Explain **two (02)** strategies that could be adopted by the school guidance and counselling unit in providing career guidance to students in the senior secondary school in line with Anne Roe's Vocational Counselling Theory.

(5 x 8 = 40 marks)

PART - II

09. i. State **four (04)** factors that might hinder the personality adjustment of children. (1 x 4 = 04 marks)
- ii. "In school children, failure to attain adjustment might lead to educational problems."
Justify the above statement giving **two (02)** suitable examples. (06 marks)
- iii. Imagine that you are the teacher in charge of the counselling unit in your school, and a student with particular adjustment issues seeks your help. Evaluate the usefulness of autobiographies as a technique that could be employed to provide counselling to this student. (10 marks)
10. i. Explain in brief how changes in the family setting have created a need for guidance and counselling services in the Sri Lankan school system. (04 marks)
- ii. Drawing on **two (02)** examples, analyse how specific difficulties or disorders experienced by primary school children would create a need for seeking the support of the school counselling service. (06 marks)
- iii. a. Mention **two (02)** problems that adolescents might encounter in building up and maintaining relationships with the opposite sex. (1 x 2 = 2 marks)
- b. Examine how the school counselling service could help adolescents prevent or overcome **one (01)** of the problems that you mentioned under (a) above, referring to **two (02)** specific activities that could be implemented by the counselling service. (08 marks)
11. i. Describe in brief **two (02)** guidelines that could be adopted in establishing and maintaining a school guidance and counselling service. (2 x 2 = 04 marks)
- ii. "The process of placement is one of the basic processes adopted by the school guidance and counselling service, which supports the development of the student."
Justify the above statement with specific reference to both placement within the school and placement outside the school. (06 marks)
- iii. Imagine that you are planning to establish a guidance and counselling service in your school. Evaluate the suitability of adopting the Integrated Model as the organizational model of the service with specific reference to the school context. (10 marks)

12. i. State **four (04)** benefits of using counselling techniques in providing counselling to school children. (1 x 4 = 04 marks)
- ii. Explain how the technique of case study could be used to study in depth a student manifesting hyperactive behaviour, describing at least **two (02)** counselling techniques that could be adopted in conducting a case study. (06 marks)
- iii. Drawing on **three (03)** strategies that could be adopted, discuss how the counsellor could facilitate the overall development of a student with hyperactive behaviour after conducting a case study on the problem behaviour. (10 marks)
13. i. Explain the basic philosophy of the Psychoanalytic Approach to Counselling. (04 marks)
- ii. Briefly describe the **two (02)** major goals of the Freudian Psychoanalytic Therapy referring to at least **one (01)** technique or strategy that could be employed to realize each goal. (3 x 2 = 06 marks)
- iii. "Psychoanalysis is deemed to be one of the oldest therapeutic approaches to counselling"
Evaluate the relevance of the Psychoanalytic Approach in helping students to deal with psychological problems they experience in the modern world. (10 marks)

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