

FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF NURSING  
ACADEMIC YEAR 2022/2023 – SEMESTER I



BACHELOR OF SCIENCE HONOURS IN NURSING  
NGU6304 GERONTOLOGICAL NURSING - LEVEL 6  
FINAL EXAMINATION

DATE: 29<sup>TH</sup> MARCH 2023

TIME: 9.30 AM – 12.30 PM

**Part B - Short Answer Questions (40 Marks)**

/40 Marks

**QUESTION: 01**

- 1.1 List three (03) age-related changes impact on drug distribution in older adults? (04 Marks)
- 1.2 Write three (03) factors to be considered related to drug adverse reactions among older adults. (06 Marks)

**QUESTION: 02**

- 2.1 Briefly describe what are Non-stochastic Theories? (04 Marks)
- 2.2 Name three (03) theories coming under the Non-stochastic Theories. (03 Marks)
- 2.3 Describe what is Apoptosis theory. (03 Marks)

**QUESTION: 03**

- 3.1 Describe underline fact related to given five (05) well-known myths about pain in older adults. (05 Marks)
- 1). Pain is a normal part of aging, 2). Pain sensitivity and perception decreases with aging, 3). If patients do not complain of pain, they do not have pain, 4). Narcotic medications are inappropriate unless used for short period of time, 5). Potential side-effects of narcotic medications make them too dangerous to use in older adults
- 3.2 Sensory stimulation is to be considered when modifying home environment for an older adult. Identify and list five (05) measures could be established when planning gerontological care setting. (05 Marks)

**QUESTION: 04**

- 4.1 What are the rehabilitative care interventions to promote functioning level of disabled older adults. Write three (03) interventions. (03 Marks)
- 4.2 Rehabilitation is a multi-disciplinary approach and list five (05) professionals can be included in a Rehabilitation Team. (05 Marks)
- 4.3 Write two (02) common goals that multi-disciplinary rehabilitation team collaboratively trying to achieve. (02 Marks)

**Part C – Structured Essay Questions (30 Marks)**  
**(Answer Both Questions)**

/30 Marks

Q 01: Nurses should accommodate certain important qualities to play the nurse healer role in care of the older adults. Explain nurse healer role describing three (03) qualities giving one example for each. (15 Marks)

Q 02: The world's population is ageing rapidly. Older people face special physical and mental health challenges which need to be recognized. Discuss five (05) problems challenging emotional homeostasis among older adults. (15 Marks)

