



THE OPEN UNIVERSITY OF SRI LANKA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF NURSING  
ACADEMIC YEAR 2023/2024- SEMSETER I



MASTER OF SCIENCE IN NURSING  
NGP9401-THEORETICAL FOUNDATION OF ADVANCED PRACTICE NURSING  
LEVEL 9  
FINAL EXAMINATION

DATE: 13. 07. 2023

TIME: 09.30 AM – 12.30 PM

Part B – Short Answer Questions  
(40 Marks)

All four (04) questions are compulsory. Write answers in the provided papers.

**Question 01**

Nursing theory can also be used to guide the research process by generating and testing phenomena of interest.

- (a) Explain the relationship between theory and practice in nursing. (05 Marks)
- (b) Write five (05) strategies to reduce theory – practice gap. (05 Marks)

**Question 02**

Nursing Scientists apply 'Paradigms' to solve problems regardless of their philosophy and perspective through which phenomena can be viewed.

- (a) Briefly describe what is a Paradigm? (03 Marks)
- (b) Briefly describe what is a metaparadigm? (03 Marks)
- (c) What are the meta-paradigm concepts in nursing? (02 Marks)
- (d) Nursing Science is characterized by predominant paradigms. What are they? (02 Marks)

**Question 03**

According to Fawcett (1992) theories and conceptual models developed by nurses have influenced nursing practice.

- (a) Write five (05) ways it has occurred. (05 Marks)
- (b) List five (05) stages in the development of nursing theory and philosophy according to nursing scholars after Nightingale. (05 Marks)

**Question 04**

- (a) Write two (02) reasons for using 'Middle range theories' by emerging disciplines. (02 Marks)
- (b) State six (06) characteristics of Middle range theories. (06 Marks)
- (c) Write two (02) Middle range theories developed from 'Grand Nursing Theories'. (02 Marks)

---

**Part C – Essay Questions**  
**(40 Marks)**

---

There are two (02) questions in this section. Answer both questions.

- 01) (a) Briefly discuss the importance of applying theories in nursing research.  
(b) Provide a related example to demonstrate how application of a theory helps to design a research study. (20 Marks)
- 02) How would you apply the 'Health belief model' as a non-nursing, theory when caring your patients in the clinical setting. Discuss with an example. (20 Marks)