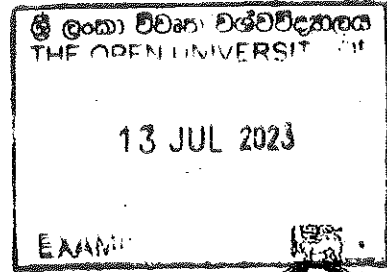


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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2023/2024– SEMSETER I



MASTER OF SCIENCE IN NURSING DEGREE PROGRAMME
NGPA501 NURSING MASTER ADVANCED SEMINAR
FINAL EXAMINATION

DATE: 13TH July 2023

TIME: 9.30AM–12.30PM

INDEX NO:

IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES

- Write your **INDEX NUMBER** in the space provided.
- This question paper consists of **04 ESSAY QUESTIONS** and **25 MARKS** allocated for each question. **TOTAL MARKS** allocated for the question paper is **100**.
- Answer **ALL** questions.
- Do **NOT** remove any page/part of this question paper from the examination hall.
- Provide your answers on provided answer book.
- Do **NOT** keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination

Good Luck!

Question 01

Mrs. A is a nurse manager working in a medical ward of a teaching hospital. Although the bed strength of the ward is 40, the average daily patient count is exceeding twice the bed strength. According to the availability, Mrs A can assign only a limited number of nurses for the duty shifts. The scarcity of resources and lack of cooperation of different categories of staff are other existing challenges in this ward. Nurses in this ward frequently complain that they are not happy and work under stress.

Considering the above scenario, discuss the factors for interpersonal stress, and possible physiological psychological and behavioral symptoms that can be manifested in nurses. Finally, apply three coping strategies proposed by Kato (2013) to reduce interpersonal stressors among the nurses in the above ward. **(25 Marks)**

Question 02

You are invited to conduct a speech on “Continuing Professional Development” for a group of nurses in your hospital. In order to successfully conduct your speech, prepare a draft of your speech covering the areas (a) What is CPD and its purposes, (b) what are the benefits of CPD, (c) what opportunities are available for CPD for nurses in your hospital/school, and (d) barriers in your hospital/school for CPD, and (e) your proposals or suggestions to appropriate strategies to overcome those barriers. **(25 Marks)**

Question 03

You are a Grade II nurse in a surgical ward in your hospital and you observed that post-operative wound infection is a considerable clinical issue in your ward for more than 6 months. As a postgraduate student of the MSc in the Nursing degree programme, you thought to conduct a **Clinical Audit** on post-operative wound infection. Discuss how you would conduct the audit to address the above issue. **(25 Marks)**

Question 04

Part A. Discuss the role of a nurse in health promotion with examples. **(15 Marks)**

Part B. Identify two timely important health promotion programmes for school-aged children/adolescents and provide a detailed plan on how you would conduct each of them. **(10 Marks)**

(Total= 25 Marks)

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