

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2022/2023 – SEMESTER I—FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU 3301: INTRODUCTION TO PSYCHOLOGY – LEVEL 3
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 21.03.2023

TIME: 9.30 a.m. -12.30 p.m.

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the answer sheets provided.

2.1 “There are general assumptions that eating healthy and being active will ensure good physical health, but there are exceptions and even medical sciences are puzzled by these cases that differ from the normal”.

- a) Define the terms health, mind and body and behaviour. (5 marks)
- b) Describe the biomedical model of health and compare it with biopsychosocial model of health. (5 marks)
- c) Explain biopsychosocial interactions and their implications of health. (5 marks)

2.2 “Prejudice and discrimination can affect people’s opportunities, their social resources, self-worth and motivation, and their engagement with wider society”.

- a) Define and explain the terms of prejudices, stereotypes, and discrimination with appropriate examples. (10 marks)
- b) In psychological level, what are the common denominators that link all forms of prejudice? (5 marks)

2.3 Explain how Freud’s Psychoanalysis Theory and Jean Piaget’s Cognitive Development Theory facilitate understanding the nature of childhood development. (15 marks)

2.4 “A particular language usually points out to a specific group of people”.

- a) Discuss the connection between language and culture. (5 marks)
- b) Describe the theoretical explanations on language and culture. (5 marks)
- c) Explain the role of culture in learning a second language. (5marks)

- 2.5 “Applied Psychology is the study and ability to solve problems within human behaviour such as health issues, workplace issues, or education”.
- a) Explain the role of personality and motivation in Sports and Exercise psychology. (7.5 marks)
 - b) How do you differentiate the roles of a clinical and a Forensic Psychologist? Illustrate your answer with examples (7.5 marks)
- 2.6 Describe three of the following key concepts in psychology with examples.
- a) Attitude and Persuasion (5 marks)
 - b) Memory and forgetting (5 marks)
 - c) Personality and Individual Differences (5 marks)
 - d) Motivation and Emotions (5 marks)
 - e) Aggression and Violence (5 marks)

-----END OF QUESTION PAPER-----