

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2022/2023 – SEMESTER I—FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU 3307 : LIFESPAN DEVELOPMENT- LEVEL 3
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 28.03.2023

TIME: 9.30 a.m.-12.30 p.m.

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose four (04) out of the six (06) questions given below and answer using the provided answer sheets.

- 2.1 There are different types of learning that help individuals acquire new knowledge in the process of human development.
- a) What is associative learning? Give an example (5 marks)
 - b) Explain the four (04) cognitive components of the observational learning process. (10 marks)
- 2.2
- a) Considering Erik Erikson's theory of psychosocial development, explain
 - i) the developmental changes in young adulthood. (5 marks)
 - ii) the developmental changes in middle adulthood. (5 marks)
 - b) Briefly discuss the nature vs nurture debate in relation to human development. (5 marks)
- 2.3 The process of human development occurs throughout the lifespan. According to the Lifespan Perspective, it is considered a multidimensional and multidisciplinary process.
- a) Explain why it is considered as a multidimensional process? Give examples. (5 marks)
 - b) Explain why it is considered as a multidisciplinary process? Give examples. (5 marks)
 - c) What is "plasticity" in the context of human development? Give an example. (5 marks)

2.4 Smiling is a crucial skill for social relations during infancy.

- a) Describe two (02) types of smiles in infants. (6 marks)
- b) According to Chess and Thomas' classification, describe three (03) types of children based on temperament. (9 marks)

2.5 Social and emotional development in old age can be based on individuals' social activity and their attitude towards aging.

- a) In relation to the socio-emotional development in late adulthood,
 - i). Discuss the Disengagement Theory. (5 marks)
 - ii). Discuss the Activity Theory. (5 marks)
- b) According to Erik Erikson's theory, describe the crisis that older adults experience during late adulthood with examples. (5 marks)

2.6 Aging and time seem to be uncompromising since they lead to death, a natural part of life.

- a) Briefly explain i) grief and ii) bereavement. (5 marks)
(5 marks)
- b) Explain the second and fourth stage of the Kubler Ross stages of grief. (5 marks)
- c) Briefly explain what you can do in the above stages in order to help the individual. (5 marks)

-----END OF QUESTION PAPER-----