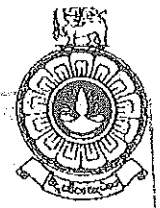


THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2022/2023 – SEMESTER I—FINAL EXAMINATION



14 MAR 2023

EXAMINATION DIVISION

BSC (HONS) IN PSYCHOLOGY
PLU5301: PSYCHOLOGY OF ADOLESCENCE - LEVEL 5
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 14.03.2023

TIME: 1.30 pm -4.30 pm

SECTION 2: ESSAY QUESTIONS (60 MARKS)

Choose four (04) out of the six (06) questions given below and answer using the provided answer sheets.

2.1 Erik Erikson's theory considered human development as a lifelong process.

- a) Explain the major changes in adolescence explained by Erik Erikson? (5 marks)
- b) According to Marcia's Identity Status Theory, there are two important aspects of the adolescent that helps them develop a mature identity. Explain these two (02) aspects. (10 marks)

2.2 Peer interactions play an important role in adolescent development.

- a) Briefly explain three (3) positive influences of peer interactions. (9 marks)
- b) What is the importance of providing adolescents with sex education? Explain two (02) reasons. (6marks)

2.3 "Moral development mainly focuses on the emergence, change, and understanding of morality from infancy through adulthood".

- a) There are two (02) dimensions of moral development. What are they? (6 marks)
- b) Considering the religious and spiritual development, briefly explain three (03) characteristics of adolescents with religious beliefs. (9 marks)

2.4 Family Systems Theory explains eight interacting concepts that influence the development of an individual.

a) Explain the following two concepts in Family Systems Theory.

i. Emotional triangle

ii. Family projection processes (10 marks)

b) There are many types of families. Briefly explain the influence of the single parent family setting on child development. (5 marks)

2.5 Some adolescents experience both internalized and externalized problems during adolescence.

a) Explain three (03) factors that can contribute to the development of conduct disorder. (9 marks)

b) Briefly discuss two (02) interventions for conduct disorder. (6 marks)

2.6 There are different types of influences underlying peer rejection, bullying and peer victimization.

a) Briefly explain two (02) factors related to family influences that may lead to peer rejection, bullying and peer victimization. (10 marks)

b) Briefly describe two (02) externalizing problems due to peer rejection, bullying and peer victimization. (5 marks)

-----END OF QUESTION PAPER-----