

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2022/2023 – SEMESTER I—FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU 6310: PSYCHOLOGY OF ADDICTION- LEVEL 6
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 24.03.2023

TIME: 9.30 a.m.- 12.30 p.m.

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the answer sheets provided.

- 2.1 Gambling addiction has identified as the most common form of impulse control disorder in worldwide.**
- a) Write down five (05) symptoms that can be identified as diagnostic characteristic of Gambling Disorder. (5 marks)
 - b) Draw and briefly explain the destructive cycle of gambling. (5 marks)
 - c) Identify the stages of gambling addiction. (5 marks)
- 2.2 Saranga says; “Now I drink only beer. It causes no harm to my body”.**
- a) How can you identify and measure the Alcohol Use Disorder (AUD)? Support your answers explaining the symptoms and applying a screening tool to measure the condition (7 marks)
 - b) Critically evaluate the application of Motivational Interviewing (MI) as a counselling technique in addiction. (8 marks)
- 2.3 According to the American Psychiatric Association, like any other addictions Gaming Addiction is a clinical impulse control disorder which needs serious attention.**
- a) Identify the warning signs, physical effects, and social consequences of gaming addiction. (5 marks)
 - b) Write a short essay on why the video games are addictive from the psychological perspective. (5 marks)
 - c) As a counsellor how would you manage game addiction in children? (5 marks)
- 2.4 In the 1980’s relapse started to be viewed as a process and considered common and mostly expected.**
- a) What is relapse prevention Therapy? (5 marks)
 - b) Explain with examples, 05 variables that triggers of relapse? (10 marks)

- 2.5** The path to drug addiction begins with the voluntary act of taking drugs eventually the voluntary action becomes a compulsive action with a variable period of time. That cause many difficulties to manage the condition.
- a) What are the principles of drug addiction treatment According to NIH (National Institute of Drug Abuse) Publication (3rd ed)? (5 marks)
 - b) Explain components of comprehensive drug abuse treatment plan (10 marks)
- 2.6** Elaborate with examples as a counsellor how would you intervene a special population with addictive problems. (15 marks)

-----END OF QUESTION PAPER-----