

**THE OPEN UNIVERSITY OF SRI LANKA**  
**FACULTY OF EDUCATION**  
**DEPARTMENT OF SECONDARY AND TERTIARY EDUCATION**  
**POSTGRADUATE DIPLOMA IN EDUCATION PROGRAMME 2021/2022**  
**FINAL EXAMINATION 2023**  
**STP8306/ESP2106 – GUIDANCE & COUNSELING IN EDUCATION**  
**DURATION – THREE (03) HOURS**



Date: 19.11.2023

Time: 9.30 a.m. – 12.30 p.m.

Answer All Questions in Part I and any three (03) questions from Part II.

**PART - I**

01. Explain the difference between Guidance and Counselling.
02. State **four (04)** codes of ethics that are important in education counselling.
03. Discuss briefly **two (02)** features that should be incorporated into the school guidance and Counselling service in your school.
04. State **four (04)** basic elements of a career counselling services.
05. Discuss **three (03)** reasons to explain how knowledge about guidance and counselling helps teachers to be successful in their teaching careers.
06. Examine the difference between 'aggressive behaviour' and 'antisocial behaviour' by citing appropriate examples for each.
07. State **five (05)** reasons to show that the Sri Lankan youth need more assistance from guidance and counselling services within the present social situation.
08. Mention **two (02)** therapeutic approaches in counseling that place a great deal of emphasis on the importance of the client/therapist relationship to assist clients in their development process.

(5 x 8 = 40 marks)

**PART - II**

09.
  - i. Define the term 'Adjustment'. (05 marks)
  - ii. Explain how the inability to adjust become an educational problems citing examples. (06 marks)
  - iii. State **three (03)** reasons to show that the knowledge of adjustment is important to a teacher to keep a conducive environment. (09 marks)
10.
  - i. Name the **three (03)** main stages in selecting vocations according to Ellie Ginsberg's theory of vocational selection. (03 marks)
  - ii. Explain the characteristics of each stage. (08 marks)

- iii. Review **three (03)** reasons that show the importance of this theory in a vocation counselling. (09 marks)
11. i. Name **two (02)** guidance and counselling services presently in operation outside the school system in Sri Lanka. (02 marks)
- ii. Discuss briefly the relevance of the services extended by any one of the above mentioned guidance and counselling services in relation to the counselling needs of the country today. (10 marks)
- iii. Explain the importance of maintaining a code of ethics in counselling. (08 marks)
12. i. Differentiate the basic philosophy of the 'psychoanalytic approach' and the basic philosophy of the 'existential approach'. (08 marks)
- ii. Discuss the types of clients who are benefited from the Existential approach. (06 marks)
- iii. Explain **three (03)** major limitations of the Existential approach. (06 marks)
13. The rapid changes of the social, cultural and economic patterns in the world has created new issues in the world, some of these issues are related to information technology.
- i. Explain **three (03)** issues with examples which occur due to dramatic changes in information technology. (2 x 3 = 6 marks)
- ii. Explain how the issues related to information technology affect the development of well adjusted personalities in school children. (08 marks)
- iii. Discuss how the teacher can assist students to develop well adjusted personalities by minimizing the above mentioned issues. (06 marks)
14. i. State **five (05)** techniques that can be used for collecting data during the counselling process. (05 marks)
- ii. Develop an observation schedule to observe a child in period of one week who has behavioural problems. (08 marks)
- iii. As a teacher, state how you could assist the above mentioned child towards learning. (07 marks)

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