



The Open University of Sri Lanka  
 Department of Nursing - BSc Honours in Nursing Programme  
 NGU5302- Professional Development in Nursing  
 Academic Year 2018 /2019 - Level 5- No Book Test 01

*Please return your question paper with your answer sheet*

Date: 05.07.2019

Time: 9.00 a.m-10.00 a.m

Duration: 1 hour

Registration No: .....

Please read the instructions given below before answering the questions.  
 This question paper consists of four parts: Part A, Part B, Part C and Part D.  
 Answer all questions.

**Part A – 10 Multiple Choice Questions** (10 marks)

There are **10 Multiple Choice Questions** in this paper and below each question or statement contains four responses. Select the **best response** to each question and **encircle** it.

**Part B – 10 Matching Questions** (10 marks)

Match the words given on the Left with most relevant phrases given on the Right. Put the letter belongs to the selected phrase in the brackets given on the left.

**Part C - Three (3) Short Answer Questions (SAQs)** (60 marks)

Answer all the questions within the given space.

**Part D- Short Essay Question(SEQ)** (20 marks)

Answer within the given space.

For official use only	
Part A	
Part B	
Part C	
Part D	
Total	

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**Part A – 10 Multiple Choice Questions****(10 marks)**

- 1) Unnecessary restraining of patient is considered as
  - a) emotional abuse
  - b) physical abuse
  - c) discriminatory abuse
  - d) neglect
  
- 2) Which of the following is **not** a rule of giving feedback?
  - a) Do not exhibit undue emotions in front of the learner
  - b) Do not postpone due to the place and the surrounding
  - c) Avoid premature judgments while giving feedback
  - d) Avoid communication overload
  
- 3) According to which model, the primary outcome is increase knowledge and self-awareness
  - a) Formative model
  - b) Normative model
  - c) Restorative model
  - d) Supportive model
  
- 4) Evidenced based practice includes which of the following;
  - a) Best available evidences
  - b) Individual clinical experiences
  - c) Patients' values
  - d) All the above
  
- 5) Which of the following is **true** regarding informed consent?
  - a) Information required for an informed consent generally does not include significant risks of a recommended treatment plan
  - b) In every situation, informed consent is required from either participants or their legal representatives
  - c) Informed consent is based on autonomy, the basic right of every client, one of the underlying ethics virtues.
  - d) Informed consent, transfers the responsibility of possible adverse event to the informed participants.

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- 6) Which of the following is an example of continuing education for nurses?
- a) Attending the hospital's orientation program
  - b) Talking with a company representative about a new piece of equipment
  - c) Completing a workshop on ethical aspects of nursing
  - d) Obtaining information about the facility's new computer system
- 7) What is the **best** design to study the efficacy of an intervention?
- a) Cross-sectional study
  - b) Case-control study
  - c) Randomize Controlled Trial
  - d) Cohort study
- 8) When acting as a patient advocate, the nurse should
- a) Allow family members to make decisions for the patient
  - b) Focus on protecting the patient's rights
  - c) Force a patient to take his or her medicine
  - d) Share his or her own opinions with the patient
- 9) Which of the following is **true** regarding reflective practice?
- a) Reflective practice help to view situations from child's perspective
  - b) Timekeeping is a skill used by a reflective practitioner
  - c) Reflective practice is associated with learning from experiences
  - d) Reflective practice help to identify strengths and weaknesses of others
- 10) All the following are true about Nursing Code of Ethics **except**;
- a) Know and function within the scope of practice
  - b) Help to decide which is relevant for documentation and which is not
  - c) Maintain patient confidence
  - d) Provide healthcare without discrimination

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**Part B – 10 Matching Questions****(10 marks)**

Match the words given on the **Left** with most relevant phrases given on the **Right**. Put the letter belongs to the selected word in the brackets given on the left.

Left		Right
1. Accountability	( )	A. important for the process of reflection
2. Altruism	( )	B. maintained proper ethical and professional standards
3. Feedback	( )	C. has legal, ethical and professional implication
4. Standards of practice	( )	D. depends on past experiences
5. Disciplinary proceedings	( )	E. generated through practice initiatives
6. External data for evidence based practice	( )	F. withholding of care and necessities of client
7. Reflection	( )	G. desire to help other
8. National League of Nursing (NLA)	( )	H. ensure the provision of safe, effective and ethical nursing
9. Personal maps	( )	I. provides a bridge between theory and practice
10. Neglect	( )	J. demonstrate disrespect to the client
		K. generated through rigorous research
		L. regulate the quality of educational programmes for nursing

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**Part C - Short Answer Questions****(60 marks)****Answer within the given space.****Question 1:**

1.1 Define the term "Profession" (3 marks)

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1.2 List three (03) main approaches that we should study to understand nursing as a profession (3 marks)

I. ....

II. ....

III. ....

1.3 Write five (05) principles of Code of Ethics in Nursing and briefly describe those principles (10 marks)

I.	
II.	
III.	
IV.	
V.	

1.4 Write four (04) specific signs that exhibits nursing is moving towards greater professionalization (4 Marks)

I. ....

II. ....

III. ....

IV. ....

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**Question 02**

2.1. Define the term “Professional misconduct” (3 Marks)

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2.2. Write five (05) commonly recognize actions of professional misconducts (10 marks)

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....

2.3. Explain the term “Informed Consent” (3 Marks)

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2.4. Write four (04) essential information which should be given while obtaining informed consent (4 Marks)

- I. ....
- II. ....
- III. ....
- IV. ....

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**Question 03**

Portfolios have been used in a variety of professional disciplines within the university settings for number of years to encourage reflective practice in students. Portfolio assessment can be used not only to assess traditional academic work but also to demonstrate student mastery in work-based learning experiences.

3.1 Define the term "Work Based Learning" (4 Marks)

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3.2 List two (02) main types Portfolios (4 Marks)

- I. ....
- II. ....

3.3 Write six (06) important information that should be included in a Nurses' portfolio

(12 marks)

- I. ....
- II. ....
- III. ....
- IV. ....
- V. ....
- VI. ....

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(20 marks)

**Part D – Short Essay Question (SEQ)**

Answer within the given space.

**Question 1:**

**There are no clear-cut answers to the question “is nursing a profession”. Nursing is gaining recognition as a profession based on the criteria that a profession must have.**

Discuss the above statement by emphasizing following points

- I. Identify ten (10) **specific criteria** that an occupation should exhibit to be considered as a profession (10 marks)
- II. Discuss five (05) specific criteria related to nursing practice (10 marks)

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