

Date: 19<sup>th</sup> March 2024

Time: 1.30 pm- 4.30 pm

Duration: 03 hours

NIC No. ....

Index No. ....

**Part B – Short Answer Questions (50marks)**

**Answer All Questions. (Use Provided Papers)**

**Question 01**

- 1.1 Write six (06) causes for weight loss in a patient with Advanced Cancer. (06 Marks)
- 1.2 Asthenia is a generalized weakness associated with fatigue and lassitude (lack of energy). List four (04) causes for Asthenia. (04 Marks)

**Question 02**

Briefly describe five (05) physical (Non-pharmacological) therapies which can be used for managing pain at end-of-life care. (10 Marks)

**Question 03**

- 3.1 List six (06) advanced effects of opioids. (06 Marks)
- 3.2 Briefly describe the term “Opiophobia”. (04 Marks)

**Question 04**

- 4.1 Briefly describe three (03) main types of pain. (06 Marks)
- 4.2 Briefly describe two types of (02) Pain Scales widely used in palliative care settings. (04 Marks)

**Question 05**

- 5.1 List ten (10) members who should be included in a multi-disciplinary team in a typical palliative care team. (05 Marks)
- 5.2 Briefly describe why palliative care should be provided by a multidisciplinary team. (05 Marks)

**Part C- Structured Essay Questions (30 Marks)**

**Answer one question only.**

- 01) Discuss the challenges faced by nurses in providing effective palliative care and how these challenges impact the overall quality of palliative care. (30Marks)
- 02) Discuss the physiological and psychosocial factors contributing to terminal restlessness. (30 Marks)

