THE OPEN UNIVERSITY OF SRI LANKA

FACULTY OF EDUCATION

DEGREE OF MASTER OF EDUCATION

FINAL EXAMINATION – 2023/2024

STP9619 – GUIDANCE AND COUNSELLING IN EDUCATION

DURATION – THREE (03) HOURS

Date: 21.08.2024 Time: 9.30 a.m. – 12.30 p.m.

Answer any Four (04) questions.

01. i. Explain the aims of Counselling by citing **three (03)** examples. (08 marks)

ii. Evaluate how educational guidance and counselling can enhance students' academic performance and lifelong learning skills by citing **four (04)** facts. (08 marks)

iii. Discuss **four (04)** characteristics that should be developed by a teacher to be a good counsellor, highlighting the importance of them. (09 marks)

02. i. Discuss why counsellors need to follow ethics, providing **three (03)** reasons. (08 marks)

ii. Explain **four (04)** ethics practised by the counsellor to maintain effective counselling relationships with clients. (08 marks)

iii. Explain **two (02)** issues faced by a school counsellor when counselling students and analyse the reasons for each issue. (09 marks)

03. i. Compare and contrast Cognitive Behavioural Approach and Person-centred Approach in terms of its basic philosophy. (08 marks)

ii. Explain how these approaches differ in the therapeutic process. (08 marks)

iii. Discuss the limitations of these therapeutic approaches. (09 marks)

04. i. Explain the current state of guidance and counselling programmes implemented in Sri Lankan schools. (08 marks)

ii. Discuss the main gaps and challenges in the existing Guidance and Counselling programmes in Sri Lankan schools. (08 marks)

iii. Propose **three (03)** strategies to address these gaps in the existing guidance and counselling programmes in Sri Lankan schools to enhance the effectiveness of these programmes. (09 marks)

05. i. Explain the basic features of a comprehensive and effective guidance and counselling programme. (08 marks)

ii. Create a guidance and counselling programme that has the above-mentioned features, to address one need that you identified in the secondary students in your school. (08 marks)

iii. Discuss **two (02)** challenges that you may face when implementing this programme in your school. (09 marks)

06. i. Explain **four (04)** elements of a vocational counselling programme. (08 marks)

ii. Discuss **two (02)** techniques that you can use to help secondary students to identify their skills and career paths. (08 marks)

iii. Explain **three (03)** strategies that you can follow to help students in your school to explore diverse career opportunities in the world. (09 marks)

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