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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF EDUCATION
BACHELOR OF EDUCATION HONOURS IN NATURAL SCIENCES
DEGREE PROGRAMME - 2023/2024
LEVEL - 05
FINAL EXAMINATION - 2024
STU5314 – GUIDANCE AND COUNSELLING IN EDUCATION
DURATION – THREE (03) HOURS

Date: 17.12.2024

Time: 1.30 p.m. – 04.30 p.m.

Answer All the questions in Part I and any three (03) questions from Part II.

PART - I

01. Briefly explain psychological counselling and give an example for an opportunity where it is needed in a school context.
02. Explain how a school going student failure in adjustment is being a social problem by citing **two (02)** reasons.
03. Mention **three (03)** aspects relevant to children that parents should be informed by a school counsellor.
04. Suggest a non testing counselling technique which is more appropriate to use to study the behaviour of primary students by citing a justification.
05. Name an institution that provides counselling services for women and children in Sri Lanka apart from the school system and state **two (02)** services provided by that institution.
06. State **five (05)** abilities that should be developed in students from the primary grades to be prepared for career choices.
07. Discuss how school related factors influence a child's antisocial behaviour by citing **two (02)** examples.
08. Explain **three (03)** strategies that can be followed by a teacher to assist the children with learning difficulties

(5 x 8 = 40 marks)

PART - II

09. “The school is an important agent that assist in the development of an adjusted personality”
- i. Explain **two (02)** school related factors that hinder the development of adjusted personality in students by citing examples. (04 marks)
- Kasun, a 12th grade student, has always been known for his outgoing and confident personality. Recently however, his teachers and friends have noticed a shift in his behaviour. He has become withdrawn, less engaged in school activities, and his grades have started to drop. Kasun’s parents recently separated, and he has been living with his father, who has become emotionally distant and preoccupied with his own struggles. Kasun now feels the burden of trying to manage the household and take care of his younger siblings while also coping with his own emotional distress. He no longer seems to find joy in the things he used to love, and his once strong social connections have begun to weaken.
- ii. Explain **two (02)** types of factors that may be affected to the Kasun’s behavioural change according to above case. (06 marks)
 - iii. Discuss **three (03)** strategies that you can use as a teacher to help Kasun to develop and well adjusted personality. (10 marks)
10. i. Mention **three (03)** types of organization of school counselling services in many countries and briefly explain the nature of one organization. (06 marks)
- ii. Do you think decentralization of guidance and counselling services affect the quality of counselling to students? Justify your answer citing **three (03)** reasons. (06 marks)
 - iii. Discuss **four (04)** reasons that make the necessity of guidance and counselling services for school going students. (08 marks)
11. i. Mention **five (05)** objectives of career guidance and counselling. (05 marks)
- ii.
 - a. State the **three (03)** stages of vocations development of an individual according to the Eli Ginzber’s Theory of Vocational Choice.
 - b. Describe the significance of each stage in the career development process. (09 marks)
 - iii. Examine the differences between of the basic concepts of Eli Ginzber’s theory of Vocational Choice and the basic concepts of the Theory of Vocational development of Donal Super. (06 marks)

12. i. Briefly explain **three (03)** differences between Sigmund Freud’s psychoanalytic theory and Carl Rogers Person Centered Theory. (06 marks)
- ii. Discuss **four (04)** key factors affect the effectiveness of the counselling process according to the Carl Rogers. (08 marks)
- iii. Examine **two (02)** strategies that can be used by you as a Drama & Theatre/Natural Science, teacher to develop a positive self -concept in students. (06 marks)
13. i. Mention **four (04)** types of physical disabilities and explain the characteristics of students belong to one type of it. (08 marks)
- ii. Explain how you can help the above mentioned students in the teaching – learning process of your subject by citing **three (03)** examples (06 marks)
- iii. explain **three (03)** ways of supporting gifted students in achieving their academic performance. (06 marks)

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