



**THE OPEN UNIVERSITY OF SRI LANKA**  
**FACULTY OF EDUCATION**  
**BACHELOR OF EDUCATION HONOURS IN SPECIAL NEEDS EDUCATION**  
**DEGREE PROGRAMME - 2023/2024 - LEVEL - 05**  
**FINAL EXAMINATION – 2024**  
**SNU5341/ESU3141 – EDUCATIONAL GUIDANCE & COUNSELLING**  
**DURATION – THREE (03) HOURS**

Date: 26.01.2025

Time: 09.30 a.m. – 12.30 p.m.

**Answer All Questions in Part I and any three (03) questions from Part II.**

**PART - I**

01. State briefly **three (03)** differences between educational Guidance and Educational Counselling.
02. Explain briefly the ABC model in Albert Ellis's Rational Emotive Behaviour Therapy in understanding the relationship between thoughts, emotions and behaviours.
03. Name **four (04)** Codes of Ethics that counsellors should follow to ensure a safe, respectful and an effective counselling relationship.
04. Briefly explain the importance of the behaviour of parents for the personality development of children in relation to Bandura's Social Learning Theory.
05. Name **four (04)** factors that influence behaviour problems in children and briefly explain one factor with suitable example.
06. Explain the importance of Anne Roe's Vocational Counselling Theory when providing guidance for parents.
07. Mention **five (05)** behaviour problems of children that can be observed in the classroom.
08. Explain the term "Gifted Underachievement".

(5 x 8 = 40 marks)

## PART - II

09. i. Name **three (03)** main stages of vocational choice according to Eli Ginzberg's theory of vocational choice. (03 marks)
- ii. Name the main **five (05)** objectives of vocational/career guidance and counselling and briefly explain the importance of being knowledgeable about those objectives as a teacher. (07 marks)
- iii. Discuss the main factors you consider when you provide guidance and counselling as a teacher for children with disabilities. (10 marks)
10. i. Describe the term 'Adjustment' briefly with a relevant example. (03 marks)
- ii. Name **three (03)** factors that hinder personality adjustment in children and adolescents. Explain **one (01)** factor with **two (02)** examples. (07 marks)
- iii. Suggest **three (03)** creative classroom strategies to help children with special needs adjust effectively, and provide a step by step guide to designing of one of the strategies. (10 marks)
11. "The Emotional climate of a school plays a vital role in shaping the behaviour and well being of children, specially those with Special Needs."
- i. Outline the role of the emotional climate in schools in promoting positive behaviour among children with special needs. (05 marks)
- ii. Mention **three (03)** barriers teachers in Sri Lanka face in managing challenging behaviours among children with disabilities and explain how it affects classroom management. (06 marks)
- iii. Select one challenge you mentioned above and explain with a suitable example, the suggestions you can provide to mitigate the challenge. (09 marks)
12. "The Person Centered Approach by Carl Rogers can address the diverse emotional differences in children with special needs"
- i. Do you agree or disagree with this statement? Justify your answer. (05 marks)
- ii. Discuss how guidance and counselling services can support children with disabilities in transitioning from school to the World of Work. (06 marks)

- iii. State **three (03)** challenges faced by students with disabilities when transitioning from school to the World of Work, and explain your suggestions to overcome them as a teacher (Your answer should include at least **two (02)** suggestions). (09 marks)
13. “The need for school guidance and counselling services is growing rapidly with the changes in society”.
- i. Explain, with **two (02)** relevant examples the importance of knowledge about updates in school guidance and counselling services, as a teacher. (03 marks)
- ii. Describe **three (03)** challenges faced by schools in the implementation of school guidance and counselling services. (08 marks)
- iii. Suggest ways to overcome above mentioned challenges. (09 marks)
14. i. Mention **three (03)** behavioural challenges that can be observed in a child who is addicted to digital screens. (03 marks)
- ii. Describe citing examples for each category, how screen addiction affects children’s physical, emotional, social and educational development. (08 marks)
- iii. Imagine few students with disabilities in your classroom are addicted to watching screens. Create a plan containing **three (03)** strategies that involve parents as well to help them overcome this habit. Describe how you would implement these strategies. (09 marks)

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