



THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF EDUCATION
BACHELOR OF EDUCATION (HONOURS) IN PRIMARY EDUCATION
LEVEL - 06
FINAL EXAMINATION – 2023/2024
EPU6231 – GUIDANCE AND COUNSELLING IN PRIMARY SCHOOL SETTING
DURATION – TWO (02) HOURS

Date: 28.06.2025

Time: 1.30 p.m. – 3.30 p.m.

Answer All Questions in Part I and any three (03) questions from Part II.

PART - I

01. Define the terms “Guidance and Counseling” with suitable definition.
02. Briefly explain **two (02)** important differences between “Guidance” and “Counseling”
03. “Stressful events can lead to adjustment disorders in children” based on above statement, discuss the influencing factors that mediate children’s behavioural outcomes.
04. Describe the term ‘problem behaviours’ with examples.
05. Briefly explain the symptoms of school refusal with suitable examples.
06. Describe the Child Behaviour checklist (CBCL) including its functions.
07. Briefly explain the **five (05)** psychosexual stages of psychological development in children.
08. List out the **five (05)** important aspects of Guidance & Counseling, briefly explain any **two (02)** of them.

(5 x 8 = 40 Marks)

PART – II

09. i. Discuss at least **five (05)** purposes of Guidance and Counseling within an educational environment with examples. (10 marks)
- ii. Explain the key functions of Guidance and Counseling with examples. (10 marks)

10. i. Briefly explain with examples at least **four (04)** common adjustment problems of primary school children. (10 marks)
- ii. Briefly describe with examples the environmental factors that influence among the children with adjustment problems. (10 marks)
11. i. Discuss the crucial role of emotional, cognitive, social and biological factors in the appropriate development of children at each stage. (08 marks)
- ii. Explain the most common causes of adjustment problems observed among primary school children. (12 marks)
12. i. Explain the significance of “positive guidance” for caregivers in helping to minimize problem behaviours in children. (06 marks)
- ii. Describe the contributions of a child psychiatrist and a therapist in the treatment process for children facing adjustment problems. (06 marks)
- iii. Briefly explain with examples the strengths and limitations of managing problems behaviours of students in school setting. (08 marks)
13. Write short notes on any **two (02)** of the following.
- i. The importance of Ethical Codes Conduct in Guidance and Counselling.
- ii. The history of counselling services in Sri Lanka.
- iii. Characteristics of effective counsellors of schools.
- iv. Diversity in Guidance and Counselling.

(10 x 2 = 20 marks)

-Copyrights reserved-