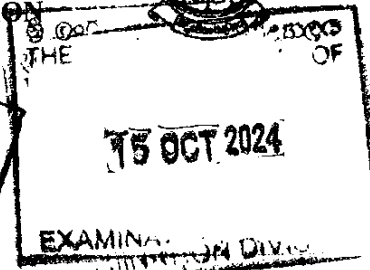


THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2023/2024– SEMESTER II - FINAL EXAMINATION



BSC HONS IN PSYCHOLOGY
PLU5307 – AGING AND DEATH – LEVEL 5
FINAL EXAMINATION PAPER
DURATION: 3 HOURS



DATE: 15.10.2024

TIME: 1.30 pm – 4.30 pm

SECTION 2: SHORT ANSWER QUESTIONS (60 MARKS)

All questions are compulsory.

2.1 Retirement is viewed as the transition from being employed in a career to relinquishing all responsibilities related to it. According to Feldman & Beehr (2011),* there are six (6) stages that individuals go through after their retirement.

- a). What are the six (6) stages explained by Feldman and Beehr. (6 marks)
- b). Explain three (3) of them. (9 marks)

2.2 Kübler-Ross (KR) proposed a five-stage model of grief.

- a). Explain the five (05) stages. (10 marks)
- b). Briefly explain two (02) common forms of loss in old age. (5 marks)

2.3 Individuals may develop different attitudes towards older workers.

- a). Identify three (03) negative stereotypes of them. (6 marks)
- b). Explain two (02) strategies that help promote successful and healthy aging. (9 marks)

2.4 Individuals experience various changes in old age.

- a). Briefly explain two (2) social changes in old age. (5 marks)
- b). Explain the dependent and the independent model of aging with examples for each? (10 marks)

- 2.5 a). Considering Alzheimer's Disease, there are two (02) categories of risk factors.
What are they? (5 marks)
- b). Explain the four (04) most common behavioural and psychological symptoms of Alzheimer's Disease. (10 marks)
- 2.6 Aging poses significant challenges to health. Considering health challenges of aging population in Sri Lanka,
- a). Identify four (04) ways of addressing the increasing healthcare needs of older adults in Sri Lanka. (8 marks)
- b). Explain two (02) of them. (7 marks)

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