

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2023/2024 – SEMESTER II — FINAL EXAMINATION

BSC (HONS) IN PSYCHOLOGY
PLU5308 – CROSS-CULTURAL PSYCHOLOGY- LEVEL 5
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

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THE OPEN UNIVERSITY OF
SRI LANKA

18 OCT 2024

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EXAMINATION DIVISION

DATE: 18TH OCTOBER 2024

TIME: 2.00PM- 5.00PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

2.1 Emotions are universal phenomena, but culture influences people's motivations and approaches to regulate their emotions.

- a) Discuss emotions as a universal phenomenon by giving evidence from cross-cultural research. (07 marks)
- b) Describe how emotions can be a cultural product with some research evidence. (08 marks)

2.2 Migration often results in two or more cultures coming into contact.

- a) Discuss the potential psychological, social, economic, and linguistic challenges that international migrants might encounter when adapting to a new culture. (07 marks)
- b) Describe how intercultural competence is crucial in helping international migrants navigate and adapt successfully to a new culture. (08 marks)

2.3 Culture can maximize, minimize, or even eliminate gender differences in social behaviors and cognitions.

- a) How do you differentiate gender from sex? Discuss with examples across cultures. (07 marks)
- b) Discuss similarities and differences of gender roles and gender-related norms in the Sri Lankan Context compared to other cultures across the world.

2.4 Culture influences how individuals manifest symptoms, communicate their symptoms, cope with psychological challenges, and are willing to seek treatment.

- a) Briefly discuss how culture can influence the representations of symptoms differently with specific examples from two cultures. (05 marks)
- b) How do you define culture-bound syndrome? Give an example of a culture-bound syndrome. (05 marks)
- c) Discuss how culture helps to cope with mental illness by taking examples from different cultures. (05 marks)

2.5 Cross-cultural research allows you to identify important similarities and differences across cultures.

- a) Develop a research topic related to Cross-cultural Psychology. (02 marks)
- b) Mention two objectives for your identified research topic. (02 marks)
- c) Briefly discuss the methodology of your research. This discussion should consist of research design, population, sample and sampling method, materials, and data collection method. (07 marks)
- d) List specific ethical guidelines that you need to meet when you are conducting your research. (04 marks)

2.6 Describe three (03) of the following given topics.

- a) Cultural psychology and cross-cultural psychology
- b) Ethnocentrism
- c) Culture and Memory
- d) Individualism vs collectivism
- e) Emic approach in cross-cultural research (3x5 marks)

-----END OF QUESTION PAPER-----