

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2023/2024 – SEMESTER II—FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU 6305 – CHRONIC ILLNESS AND PALLIATIVE CARE - LEVEL 6
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

6 OCT
THE

16 OCT 2024

DATE: 16TH OCTOBER 2024

TIME: 1.30 PM - 4.30 PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

2.1 “The National Consensus Project for Palliative Care (NCP). guideline, 4th edition (2018) identified 8 ‘domains’ of palliative care practice all of which must be addressed in order to provide quality palliative care to the patient and family”.

- a) Define the term palliative care. (05 marks)
- b) Describe eight (8) domains of palliative care. (10 marks)

2.2 Describe the importance of policies related to palliative care development and strategies related to palliative care delivery at each level of care. (15 marks)

- 2.3
 - a) Describe interdisciplinary teams. (5 marks)
 - b) Explain the importance of interdisciplinary teams in palliative care. (5 marks)
 - c) Describe the importance of health care practices in interdisciplinary teams. (5 marks)

- 2.4
 - a) Explain the concepts of End-of Life care, Palliative care and hospice care. (9 marks)
 - b) Evaluate the role of Psychologists in Palliative care. (6 marks)

- 2.5
 - a) Describe the concepts of loss, grief and bereavement in Palliative care. (9marks)
 - b) Explain physical, emotional, cognitive and psycho-social aspects related to loss, grief and bereavement. (6 marks)

- 2.6 a) Discuss how communication impacts the practitioner-patient relationship with examples. (7 marks)
- b) Explain the effectiveness of using the family meeting technique in palliative care for gathering information, decision making, and arranging future caring plans of patients with life-threatening illnesses. (8 marks)

-----END OF QUESTION PAPER-----