## DEPARTMENT OF PSYCHOLOGY & COUNSELLING 2022/2023 – SEMESTER II —FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY PLU 5308 - CROSS-CULTURAL PSYCHOLOGY- LEVEL 5 FINAL EXAMINATION PAPER DURATION: 03 HOURS

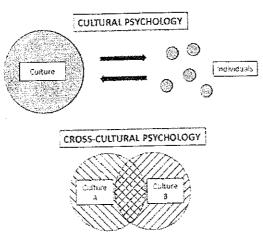
DATE: 19.09.2023

TIME: 1.30 pm- 4.30 pm

## SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

- 2.1 "The discipline of Cross-cultural Psychology is closely related with both Cultural Psychology and Indigenous Psychology".
  - a) Briefly describe the following figure to differentiate Cultural Psychology from Cross-cultural Psychology. (05 marks)



- b) Briefly explain two (02) out of five basic principles of Cross-cultural Psychology. (05 marks)
- c) How do you identify 'ethnocentrism' as one of key terms in Cross-cultural Psychology? (05 marks)
- 2.2 "Emotions are identified as mental reactions subjectively experienced as strong feelings; however, cultural ideals facilitate expressing or suppressing emotions".
  - "Researchers argued that whether emotions are universal or cultural-specific".

    Critically discuss about emotions as universal and/or culturally specific phenomena with relevant examples.

    (15 marks)

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2.3	"International migrants from diverse cultural backgrounds experience a variety
	of issues in adjustment to a new culture and environment".

- a) Briefly explain the impact of communication difficulties on migrants' behaviour. (5 marks)
- b) Explain about "intercultural competence" and discuss the factors that facilitate intercultural competence in brief.

  (10 marks)
- 2.4 "Community brings people together to advocate and support each other through social connection and belonging, and practical and emotional support".
  - a) Describe <u>five (05)</u> characteristics to concern a group of individuals as a community in brief. (05 marks)
  - b) Explain about main types of communities with examples. (10 marks)
- 2.5 "According to World Health organization, the definition on health and wellness must be composited physical, mental, and social components not mere the absence of diseases".
  - a) Describe the role of culture on physical health and well-being in brief.

(07 marks)

- b) Explain how attitudes on mental health and mental disorders can be changed across cultures. (08 marks)
- 2.6 "Cross-cultural research helps to develop more affluent and broader understanding on similarities and differences in individual psychological and social functioning in various cultures and ethnic groups".
  - a) Compare the Etic and Emic approach in cross-cultural research with examples.

(05 marks)

- b) Explain why following ethical guidelines is crucial in Cross-cultural Psychology by providing two (02) acceptable reasons. (05 marks)
- c) Describe five main ethical guidelines to conduct cross-cultural research.

  (05 marks)

END OF	QUESTION.	PAPER-
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