

THE OPEN UNIVERSITY OF SRI LANKA
DEPARTMENT OF SOCIAL STUDIES
HIGHER DIPLOMA IN YOUTH DEVELOPMENT - LEVEL 04
FINAL EXAMINATION – SEMESTER II - 2024/2025
DSD 4207 – YOUTH AND HEALTH
DURATION: TWO (02) HOURS ONLY



Date: 02/08/2025

Time: 1.30 P.M.- 3.30 P.M.

Instructions:

- Answer **ONLY** four (04) questions
- Each question is worth twenty (25) marks.
- Please write clearly

01. 1.1. List at least six major health issues affecting adolescents and youth in Sri Lanka.
(12 marks)

1.2. Explain the agencies and the nature of the preventive strategies used to address the health issues indicated in question number 1.1 above.
(13 marks)

02. 2.1. Define the term 'Health'.
(5 marks)

2.2. One could have a disease without being ill. For example, a person with heart disease may not know that he/she has heart disease until he/she suffers a heart attack. Discuss the role of a youth worker in this context to ensure the health of young people.
(20 marks)

03. "Young, unemployed people are drawn into criminal activity such as selling narcotics, with all the known health risks that they are connected with. The young people become involved in this not only as a way of surviving, but also because the gangs or groups that have recruited them may provide them with a sense of purpose and belonging. In such cases it may even become a status symbol to use and sell narcotics."

Discuss the contemporary spread of narcotics in Sri Lanka and preventive strategies introduced by the government and the NGO sectors.

(25 marks)

04. "Preventive health is considerably cheaper in the long run than curative health; therefore, preventive health strategies are excellent social investment strategies." With special reference to health issues, discuss how health is related to economic development.

(25 marks)

05. The factors that define health -related needs can be broadly grouped under **physical and Psychological dimensions**. In this context:

5.1. Discuss the role played by the Ministries of Youth and Health in Sri Lanka, with special reference to programmes introduced to oral health, nutrition, and, sexual and reproductive health needs.

(15 marks)

5.2. Discuss the role played by the Ministry of Health in Sri Lanka with special reference to the programmes introduced to overcome psychiatric disorders.

(10 marks)

06. 6.1. Discuss the factors that contribute to unsafe abortion.

(12 marks)

6.2. Discuss the six priority nutrition areas for action, identified by the World Health Organization (WHO).

(13 marks)