



THE OPEN UNIVERSITY OF SRI LANKA
06 JUN 2025
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EXAMINATION DIVISION

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THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
THE ACADEMIC YEAR 2025/2026 – SEMESTER I

MASTER OF SCIENCE IN NURSING
NGP9401- THEORETICAL FOUNDATION OF ADVANCE PRACTICE NURSING -
LEVEL 9
FINAL EXAMINATION

Date: 06th June 2025

Time: 09:30 am-12.30 pm

Duration: 3 hours

Part B – Short answer questions (40 marks)

1. Classification of theories based on their scope contributes to make **four (04)** types of theories.
 - 1.1 Name **four (04)** types of theories according to the classification based on the scope
(04 marks)
 - 1.2 Which of the above-mentioned theories that use by nursing scholars to generate nursing knowledge and describe philosophical views of nursing? (02 marks)
 - 1.3 Which of the above theories in 1.1 is considered as conceptual frameworks or models? (02 marks)
 - 1.4 Which of the above-mentioned theories would you use in developing and implementing a nursing care plan for a client? (02 marks)
2. Provide brief descriptions (in maximum 25 words) on following topics.
 - 2.1 Nursing metaparadigm (2.5 marks)
 - 2.2 Philosophy of Nursing (2.5 marks)
 - 2.3 Evidence-based practice (2.5 marks)
 - 2.4 Adult learning principles (2.5 marks)

3. Environmental theory is an important theoretical basis in nursing practice

3.1 Briefly describe the environmental theory in 40 words maximum

(05 marks)

3.2 According to the environmental theory, what are the **five (05)** essential factors for human health?

(05 marks)

4. Situational application of leadership styles is an important aspect of nursing administration.

4.1 Identify **four (04)** leadership styles that nurse leaders can use in their managerial role

(04 marks)

4.2 Briefly describe **three (03)** leadership styles that you have mentioned in 4.1, using no more than 20 words for each.

(06 marks)

Part C – Essay Questions (40 marks)

1. Read the scenario given below and discuss **four (04)** theories you would apply in caring for this client including the reasons for choosing them in **no more than 200 words**.

(20 marks)

Assume that you are a nurse practitioner caring for a 52-year-old woman, Mrs. X, a teacher by profession who recently underwent hemiarthroplasty surgery due to a femur fracture. She also has an open wound just above the ankle joint which requires daily dressing. Mrs. X is currently confined to bed because of her fracture and appears to be experiencing depression due to her limited mobility. She asks many informed questions and very eager to learn about her condition. During the conversation with her you realize that she needs knowledge on managing all aspects of her condition. Meanwhile you observed that Mrs. X become thoughtful and withdrawn once in a while. Upon speaking with her, you found that she is thinking about her family with two children, her husband and sister, as well as her absence from work and worrying about her professional and personal responsibilities.

2. Understanding the theory of multiple intelligence is essential for educators. Briefly discuss **five (05)** learning styles identified in this theory and explain the teaching strategies you would use to accommodate each one.

(20 marks)