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THE OPEN UNIVERSITY OF
SRI LANKA
19 SEP 2024
EXAMINATION

036

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING
ACADEMIC YEAR 2024/2025 – SEMESTER I



MASTER OF SCIENCE IN NURSING DEGREE PROGRAMME
NGPA501 NURSING MASTER ADVANCED SEMINAR
FINAL EXAMINATION

DATE: 19TH SEPTEMBER 2024 TIME: 9.30AM –12.30PM

INDEX NO:

- IMPORTANT INSTRUCTIONS/ INFORMATION TO CANDIDATES**
- Write your **INDEX NUMBER** in the space provided.
 - This question paper consists of **04 ESSAY QUESTIONS** and **25 MARKS** allocated for each question. **TOTAL MARKS** allocated for the question paper is **100**.
 - Answer **ALL** questions.
 - Do **NOT** remove any page/part of this question paper from the examination hall.
 - Provide your answers on provided answer book.
 - Do **NOT** keep unauthorized material, including mobile phones and other electronic equipment, with you during the examination

Good Luck!

Question 01

You are a Nurse Manager in an Intensive Care Unit where you have less than 1/2 of the nurses' cadre to fulfil daily tasks and responsibilities. As a result, nurses are subjected to reporting unfinished or delayed tasks. Besides, nurses frequently say that they are unhappy about the working situation, which consequently, leads to stress. Considering this scenario, answer the following question.

- 1.1 Discuss five (05) types of stress responses that can be experienced by nurses with examples. (7.5 Marks)
- 1.2 Kato (2013) has introduced three (03) coping strategies for dealing with interpersonal stressors. Briefly introduce them with examples from your own practice area of working. (7.5 Marks)
- 1.3 As a Nurse Manager, you need to make your maximum effort to manage organizational stress of nurses. Discuss possible organizational stress management strategies that you can take to control nurses' workplace stress. (10 Marks)
- (25 Marks)**

Question 02

- 2.1 Define quality and describe dimensions of quality. (10 Marks)
- 2.2 You are a Grade I Nurse in a Critical Care Unit in your hospital and you have observed that Ventilator Associated Pneumonia (VAP) is a considerable clinical issue in your Unit for more than one year. It was caused by increasing mortality, prolonged hospital stay and the cost of care in your unit. You wanted to assign a few nurses to conduct a clinical audit and inform them of the steps of conducting the audit. Discuss the steps of undertaking the clinical audit that you wanted to include in the awareness session for nurses to address the above issue. (15 Marks)
- (25 Marks)**

Question 03

3.1 Discuss guiding principles of health education with examples. (10 Marks)

3.2 You are invited to conduct an awareness session for nurses on occupational health.

Discuss the important information that you are going to include in the awareness session regarding the following aspects.

- Definition of occupational health
- Types of occupational hazards in hospitals
- Risk assessment and management
- Nurses' role in prevention of occupational hazards in the hospital

(15 Marks)

(25 Marks)

Question 04

4.1 Discuss the trends in higher education. (15 Marks)

4.2 Propose solutions to overcome educational challenges in higher education. (10 Marks)

(25 Marks)

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