

DATE: 22nd OCTOBER 2025

TIME: 9.30 AM – 12.30 PM

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

- 2.1 Personality is shaped by multiple influences throughout life. While some suggest environmental factors, dispositional factors, and societal events can affect development, evolutionary psychologists propose that human evolution has guided our behaviour. *(15 Marks)*
- a. Explain how environmental factors such as birth order, cultural background, or societal events can influence personality development. *(6 Marks)*
 - b. Briefly describe the role of evolutionary psychology in understanding human behavior. *(3 Marks)*
 - c. Identify and describe the three super traits proposed by Hans Eysenck. *(6 Marks)*
- 2.2 Humanistic psychology focuses on individual potential, personal growth, and self-actualization. It emphasizes understanding people's subjective experiences, free will, and the innate drive to achieve meaning and fulfilment in life, rather than just studying observable behavior or unconscious conflicts. *(15 Marks)*
- a. Draw and explain Maslow's hierarchy of needs and how it influences personality development. *(8 Marks)*
 - b. Compare the self-actualizing characteristics of Maslow and Rogers. *(7 marks)*
- 2.3 Neo-Freudians expanded on Sigmund Freud's theories by emphasizing social, cultural, and interpersonal factors in shaping personality rather than focusing solely on unconscious drives. *(15 Marks)*
- a. Discuss Alfred Adler's concept of inferiority complex and how it relates to personality development. *(6 Marks)*
 - b. Explain Carl Jung's idea of archetypes with examples. *(5 Marks)*
 - c. Identify one contribution of feminist psychology in understanding gender and personality. *(4 Marks)*

- 2.4 Personality assessments are methods used to evaluate a person's characteristic patterns of thinking, feeling, and behaving, providing insights into their individual differences and psychological functioning. (15 Marks)
- a. Briefly explain importance of personality assessment in psychology. (4 Marks)
 - b. Explain the purpose of specialized tools such as the Behavior Assessment System for Children (BASC). (5 Marks)
 - c. Explain how behavioral assessment methods are applied in clinical settings. (6 Marks)
- 2.5 Cognitive psychology of personality focuses on how mental processes such as perception, memory, beliefs, and thought patterns shape individual differences. It emphasizes how people interpret events, form schemas, and use cognitive strategies, which in turn influence their personality and behavior. (15 Marks)
- a. Briefly explain Kelly's idea of constructive alternativism. (5 Marks)
 - b. Discuss Albert Bandura's concept of reciprocal determinism with an example. (6 Marks)
 - c. Define Julian Rotter's concept of behaviour potential with an example. (4 Marks)
- 2.6 Choose three (03) out of the following and write short notes. (15 Marks)
- a. Explain how personality traits can influence health-related decisions with an example. (5 Marks)
 - b. Explain why longitudinal studies are important in research on personality and health. (5 Marks)
 - c. Racial and Socioeconomic Differences in Locus of Control. (5 Marks)
 - d. Attribution Model of Learned Helplessness. (5 Marks)
 - e. Historical place of personality in psychology. (5 Marks)

-----END OF QUESTION PAPER-----