

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2024/2025 – SEMESTER II – FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU5302 - MENTAL HEALTH & PSYCHOSOCIAL WELLBEING - LEVEL 5
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 2025.10.22

TIME: 1:30 P.M. – 4:30 P.M.

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

- 2.1 (a) Describe four layers of the IASC intervention pyramid (8 Marks)
(b) Explain the theoretical and practical basis of the IASC framework and the significance of applying it in a disaster response plan. (7 Marks)
- 2.2 (a) Define the term Psychological First Aid (PFA) and describe the three principles of Psychological First Aid (PFA) (8 Marks)
(b) Describe the framework to guide psychosocial services provision. (7 Marks)
- 2.3 Describe the main features of key MHPSS assessment tools. (15 Marks)
- 2.4 (a) Describe the concepts of resilience and vulnerability. (8 Marks)
(b) Explain the key factors that contribute to the resilience of individuals and communities. (7 Marks)
- 2.5 Explain the core concepts within the Psychosocial Working Group (PWG) and Psychosocial Assessment of Development and Humanitarian Interventions (PADHI) wellbeing frameworks with relevant examples. (15 Marks)
- 2.6 Describe the role of MHPSS in Health, Development, and Humanitarian Sectors with relevant examples. (15 Marks)

-----END OF QUESTION PAPER-----