

DATE: 30.10.2025

TIME: 1.30 p~~mo~~to 4.30 pm

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

- 2.1 The growing elderly population has created new challenges locally and globally.
- a). Explain three (3) social consequences that can be identified as a result of the increase in elderly population (9 marks)
 - b). The Elders' Desk of the Legal Aid Commission was initiated under the Protection of the Rights of Elders Act in Sri Lanka. Explain two (02) functions of the Elders' Desk. (6 marks)
- 2.2 There are two categories of symptoms of Parkinson's Disease.
- a). What are they? (5 marks)
 - b). Explain two (02) symptoms of each category. (10 marks)
- 2.3 Alzheimer's disease is a significant global issue, affecting millions of older adults worldwide.
- a). Discuss three (03) most common behavioural and psychological symptoms of Alzheimer's Disease. (9marks)
 - b). Explain the two (02) categories of risk factors for Alzheimer's Disease. (6 marks)
- 2.4 Older adults may experiences serious mental health problems after retirement. Feldman & Beehr (2011) stated that individuals go through six (6) stages following retirement.
- a). Discuss the last four (04) stages explained by Feldman and Beehr. (10 marks)
 - b). Explain Disengagement theory of aging with an example. (5 marks)
-

- 2.5 According to Richardson (2014), the majority of older adults are capable of overcoming bereavement and adjusting to their new norms.
- a). Explain three (03) factors that contribute to it. (9 marks)
- b). Discuss two (02) negative stereotypes of older workers (6 marks)
- 2.6 The term dementia refers to a collection of symptoms that impair one's cognitive skills and social skills. These symptoms interfere with an individual's daily life.
- a). Explain three (03) types of Vascular Dementia. (9 marks)
- b). There are four types of disability among Sri Lankan older adults. Explain two (02) of them? (6 marks)

-----END OF QUESTION PAPER-----