

THE OPEN UNIVERSITY OF SRI LANKA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING
2024/2025 – SEMESTER II – FINAL EXAMINATION



BSC (HONS) IN PSYCHOLOGY
PLU 6305 – CHRONIC ILLNESS AND PALLIATIVE CARE – LEVEL 6
FINAL EXAMINATION PAPER
DURATION: 03 HOURS

DATE: 2025.10.28

TIME: 1:30 P.M. – 4:30 P.M.

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets

- 2.1 (a) Describe and differentiate between chronic and acute illnesses. (8 Marks)
- (b) Explain the main differentiating factors between communicable and non-communicable diseases. (7 Marks)
- 2.2 Define the term palliative care and explain the eight (8) domains of palliative care practice, which must be addressed to provide quality palliative care to the patient and family. (15 Marks)
- 2.3 (a) Define the term illness trajectory and describe the three 3 trajectories in common disease. (8 Marks)
- (b) Briefly explain the illness trajectory of Cancer Disease. (7 Marks)
- 2.4 Describe the importance of psychological assessment for Palliative care and explain the application of pain assessment methods with patients who are suffering from chronic pain. (15 Marks)
- 2.5 Define the concepts of psychosocial support and psychosocial care, and describe the benefits of effective psychosocial support and care. (15 Marks)
- 2.6 Describe the practitioner-patient relationship and explain how communication impacts the practitioner-patient relationship with examples. (15 Marks)

-----END OF QUESTION PAPER-----