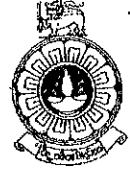


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The Open University of Sri Lanka

BSc (Hons) Nursing Programme – Level 5

Academic year 2018/19 - Semester 1

NGU5300 – Theoretical Orientation in Nursing - No Book Test 1

Date: 13. 11. 2018

Time: 09.00 am to 10.00 am

Registration No:

Duration: 1 hour

This question paper consists of four parts; Part A, Part B, Part C and Part D.

Part A – 10 Multiple Choice Questions (10 marks)

There are 10 multiple choice questions in this paper and below each question or statement contain four responses. Select the **most suitable response** to each question and **encircle** it.

Part B – 10 Matching Questions (10 marks)

Match the phrase given in the column I with the most suitable phrase or word given in the column II.

Part C – Short Answer Questions (50 marks)

There are **two (02)** short answer questions. Answer **all**.

Part D – Structured Essay Question (30 marks)

Answer the question.

Good Luck!

Part A - 10 Multiple Choice Questions (10 marks)

1. What did Virginia Henderson's nursing theory explain?
 - a). Fourteen principles or components of self-care needs of nursing care
 - b). Fourteen attributes to meet in nursing care
 - c). A plan to meet the fourteen components of nursing care
 - d). Fourteen principles or components of nursing care

2. "Nursing is therapeutic interpersonal process". This definition was stated by;
 - a). Florence Nightingale
 - b). Dorothea Orem
 - c). Hildegard Peplau
 - d). Jean Watson

3. Nursing is considered as an art, science as well as a profession. Which of the following evidence supports the nursing as a profession?
 - a) Nursing applies principles from other disciplines
 - b) Care is given by nurses with dedication
 - c) Nurses are responsible for the consequences of their actions
 - d) Developmental theory is used in caring for young children in hospitals.

4. A female patient is diagnosed with deep-vein thrombosis. Which nursing diagnosis should receive the highest priority at this time?
 - a) Impaired gas exchange related to increased blood flow
 - b) Fluid volume excess related to peripheral vascular disease
 - c) Risk for injury related to edema
 - d) Altered peripheral tissue perfusion related to venous congestion

5. Implementation is actual giving of nursing care. Which of the following is a supportive nursing intervention?
 - a) Listen to what the person says about how he or she feels
 - b) Help the person to recognize his or her strengths
 - c) Assist the person to develop higher self esteem
 - d) Supports the decision a person makes

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6. Theories which present various and different views of humans have influenced nursing. The system theory;
 - a) encourage the nurse to examine all aspects of the individual
 - b) states that a person's beliefs influence his/her ideas about reality
 - c) helps nurses to use interpersonal communication skills
 - d) believes that each person wants to be the most self-actualized person

 7. According to the adaptation model by Sister Calista Roy, nursing is seen as;
 - a) helping sick or well individuals to regain their independence
 - b) collaboration between nurse and the client to identify the problems
 - c) assisting the individual with self-care activities to sustain health.
 - d) a force to maintain a balance between the client and environment

 8. Role Performance Model of Health describes the health as;
 - a) result of adapting well to one's environment
 - b) absence of sign and symptoms of diseases
 - c) persons ability to perform his/her work
 - d) realization of person's potential

 9. A paradigm refers to;
 - a) A model that explains the linkages of science, philosophy, and theory accepted and applied by the discipline
 - b) Ideas and mental images that help to describe phenomena
 - c) Statements that describe concepts
 - d) Aspect of reality that can be consciously sensed or experienced

 10. Self-actualization is;
 - a) development of feelings of competence
 - b) feelings of self-worth and self-approval
 - c) development of one's fullest potential
 - d) securing the respect of others

Part B- 10 Matching Questions (10 marks)

Match the phrase given on the column I with the most suitable phrase or word given in the column II. Write the relevant 'letter' given in front of each phrase or word on the right side, in the given space.

	Column I		Column II
1	Nurse gathers information to understand the person's condition	()	a. Increase knowledge about nursing
2	Cultural environment of people	()	b. Adaptive model of health
3	Use aseptic techniques to prevent the spread of disease-producing organisms	()	c. Nursing Theories
4	Main purpose of nursing theories	()	d. Eudemonistic Model
5	Inefficient drainage of surface waters	()	e. Friends, employment and Religion
6	Treatment is aimed at helping the person to cope with elements in his environment	()	f. Nutritional behavior, language and racial Identity
7	Guidance for other's work and a basis for continuity of care	()	g. spread of communicable diseases
8	Provides a measure to evaluate the effectiveness of nursing care	()	h. Meta Paradigm
9	Supra system of an individual	()	i. Data collection
10	Person is healthy if he can do everything he wants to do	()	j. Care Planning
			k. consider nursing as a science
			l. Nursing Process

Part C- Short Answer Questions (50 marks)

Part C consists of two (02) SAQs. Both questions are compulsory and answer all parts within the given space.

Answer all questions.

1). (a).List **seven (07)** characteristics of a profession. (07 marks)

- (i).....
- (ii).....
- (iii).....
- (iv).....
- (v).....
- (vi).....
- (vii).....

(b).Write **six (6)** purposes of nursing theories. (12 marks)

- (i).....
- (ii).....
- (iii).....
- (iv).....
- (v).....
- (vi).....

(c) Peplau's interpersonal model is basically based on communication, which is important to work in the field of Psychiatry. This model is discussed with three (03) main phases.

Write these **three (03)** phases of interpersonal model? (06 marks)

- (i).....
- (ii).....
- (iii).....

2). Mr. Ranasinghe is a 50 year old male who has been admitted to your ward for nausea, vomiting, and diarrhoea. He is with an Intra Venous Infusion. You noticed that his emesis basin is full of vomitus. He complains that he is having watery bowel movement and tells you he feels dizzy. He tells you that he has been out of his home for few days and taken meals from outside.

(a) List **five (05)** steps of nursing process. (05 marks)

- (i).....
- (ii).....
- (iii).....
- (iv).....
- (v).....

(a) Write **three (03)** subjective data gathered from above assessment. (03 marks)

- (i)
- (ii)
- (iii)

(b) Write **three (03)** objective data gathered from above assessment. (03 marks)

- (i).....
- (ii).....
- (iii).....

(c) Write **two (02)** nursing diagnoses based on his actual problems. (06 marks)

- (i)
- (ii).....

(d) Write **two (02)** nursing diagnoses based on his potential problems. (08 marks)

- (i)
- (ii).....

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Part D- Structured Essay Question (30 marks)

1).The ICN Code of Ethics for nurses has five (05) key elements that outline the standards of ethical conduct.

(a). Write **five (05)** key elements of ICN Code of Ethics for nurses. (10 marks)

- (i).....
- (ii).....
- (iii).....
- (iv).....
- (v).....

(b). Explain these **five (05)** elements briefly. (20 marks)

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- (ii).....
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- (iii).....
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(iv).....
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(v).....
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