



The Open University of Sri Lanka

00905

B.Sc (Hons) Nursing Programme – Level 5

Academic year 2018/19 - Semester 1

GU5300 – Theoretical Orientation in Nursing - No Book Test II



Date: 20. 12. 2018

Time: 09.00 am to 10.00 am

Registration No:

Duration: 1 hour

This question paper consists of four parts; Part A, Part B, Part C and Part D.

Part A – 10 Multiple Choice Questions (10 marks)

There are 10 multiple choice questions in this paper and below each question or statement contain four responses. Select the **most suitable response** to each question and **encircle** it.

Part B – 10 Matching Questions (10 marks)

Match the phrase given in the column I with the most suitable phrase or word given in the column II.

Part C – Short Answer Questions (50 marks)

There are two (02) short answer questions. Answer **all**.

Part D – Structured Essay Question (30 marks)

There is **one** (01) structured essay question with **three** (03) sub sections. Answer all sections.

Good Luck!

Part A – 10 MCQ questions**(10 marks)**

1. Dorothea Orem's theory of self-care deficit explains;
 - a. why and how people care for themselves
 - b. why people need the help of nursing
 - c. about the relationships need to be developed and maintained in productive nursing
 - d. how nurses care people admitted to hospitals

2. Nursing design is;
 - a. a developed set of skills and knowledge of a nurse that empower them to represent themselves
 - b. the individual nurse's ability to provide care for his/her client
 - c. a professional activity of a nurse performs before or after the nursing diagnosis is made
 - d. a governing function by individuals with their intention for their own behalf.

3. As said by Sister Callista Roy;
 - a. changing environment stimulates the person and then the person makes adaptive responses
 - b. changing environment will not affect the health of person and then the person makes adaptive responses
 - c. person makes changes in the environment
 - d. nurse helps the person to make adaptive responses

4. The need for affiliation is a;
 - a. Psychosocial Need
 - b. Intrapersonal-Interpersonal Need
 - c. Interpersonal Need
 - d. Intrapersonal Need

5. The principles of homeodynamics consist of;
 - a. integrality, resonancy and helicy
 - b. person, health and environment
 - c. nurse, patient and relationships
 - d. integrality, resonancy and residency

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6. Normal line of defense in Neuman's model is;
 - a. outermost barrier that prevents the attacks of environmental stressors
 - b. representing the client's usual state of wellness
 - c. innermost ring that activate involuntarily
 - d. the most important component in the theory

 7. An abusive relationship in a family is;
 - a. an external stressor
 - b. an extra personal stressor
 - c. an intrapersonal stressor
 - d. an interpersonal stressor

 8. Holistic approach in nursing;
 - a. gives nurses an insight to look at their clients through multiple dimensions in the caring process
 - b. it enables nurses to identify many underlying reasons for clients' health problems
 - c. is known as a set of nursing interventions carried out by the nurse aiming to bring about healing of a whole person not the part of a person
 - d. is relevant to all given above

 9. Swanson's theory of caring describes;
 - a. self-care practices among patients
 - b. framework for enhancing health care practice
 - c. client-family relationships that promotes interpersonal relationships
 - d. nurse-client relationships that promote wholeness and healing

 10. Health protection consists of;
 - a. actions by government and industry to minimize environmental health threats
 - b. individual and community activities to promote healthful life-style
 - c. actions of health care providers to prevent health problems
 - d. individual and community activities to prevent unhealthy behaviours of people

Part B - 10 Matching Questions**(10 marks)**

Match the phrase given on the column I with the most suitable phrase or word given in the column II. Write the relevant 'letter' given in front of each phrase or word on the right side, in the given space.

	Column I		Column II
1	Health belief model	()	a. Preventive health Services
2	Nonlinear domain has no spatial attributes	()	b. Trans theoretical model
3	Human being is considered as united whole	()	c. Perceived susceptibility
4	Controlling radiation and toxic agents	()	d. Adaptation model
5	Ongoing events and experiences of the life impact on people's health	()	e. Carative factor
6	Intentional behavioral changes	()	f. Pan dimensionality
7	Grasp information from the environment	()	g. Health Protection
8	Persons have mutual relationship with the world and god	()	h. Latent effect
9	Diverse aspects offer certain object together as a whole	()	i. Martha E. Rogers
10	Development of helping and caring relationship	()	j. Open system
			k. Life course theory
			l. Holism

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Part C - Short Answer Questions (SAQ)

(50 marks)

Part C consists of **two (02)** SAQs. Both questions are compulsory and answer all parts within the given space.

Answer all questions.

1) Dorothea Orem describes the self-care as 'activities perform by individuals on their own behalf for maintaining life'. According to Orem's theory;

(a). What are the methods that nurses can use to help the people with self-care deficit?

(10 marks)

- I.
- II.
- III.
- IV.
- V.

(b).As Orem explains, what are the **three (03)** types of nursing systems?

(06 marks)

- I.
- II.
- III.

(c) Write **five (05)** carative factors which are explained in the Theory of Human caring.

(10 marks)

- I.
- II.
- III.
- IV.
- V.

2. Health is defined in Roy's Adaptation model, as 'a process of being and becoming integrated which reflects person and environment mutuality'

(a) Write **five (05) scientific assumptions** of Roy's Adaptation Model? **(10 marks)**

- I.
- II.
- III.
- IV.
- V.

(b) According to the above model what are the **four (04) modes of adaptation** that can maintain the integrity of the individual? **(08 marks)**

- I.
- II.
- III.
- IV.

(c) According to the above mentioned model what are the levels of adaptation? **(06 marks)**

- I.
- II.
- III.

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Part D - Structured Essay Question

(30 marks)

(a). Write the major concepts of Roger's theory of Unitary Human Being. **(08 marks)**

- I.
- II.
- III.
- IV.

(b). Explain **four (04) major nursing concepts** including the Roger's theory. **(12 marks)**

- I.
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- II.
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- III.
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- IV.
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(c). Explain **five (05)** nurse's roles in health promotion. **(10 marks)**

I.

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II.

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III.

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IV.

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V.

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