

The Open University of Sri Lanka
Faculty of Health Sciences-Department of Nursing
B.Sc. (Hons) in Nursing - Level 6
Academic Year 2018/19
NGU6602- Public Health Nursing
No Book Test I



Registration No	:	Date	: 27.12.2018
Duration	: 01 ½ Hours	Time	: 1.00 – 2.30 pm.

IMPORTANT INSTRUCTIONS TO CANDIDATES

This question paper consists of Ten (10) pages with four (04) parts.

Part A - Multiple Choice Questions (10 Marks)

Indicate your answer by encircling the letter relevant to the selected option.

Part B - Matching Questions (10 Marks)

Match the phrases or words in the Right Column with the phrases or words in the Left Column. Indicate the letter corresponding to your response in the brackets

Part C - Short Answer Questions (60 Marks)

There are four (04) questions with 3-4 sections. Answer all in the provided spaces.

Part D - Structured Essay Questions (20 Marks)

There is a one question with two (02) sections. Answer all in the provided spaces.

Good Luck!

Part A - Multiple Choice Questions (10 Marks)

Choose the most suitable answer for each question and encircle the corresponding letter of the correct answer.

1. Alma –Ata conference was held in,
 - a) 1948
 - b) 1978
 - c) 2000
 - d) 2015

2. One of the shortcomings of Health Care Delivery is,
 - a) Inverse care
 - b) Safe care
 - c) Directed care
 - d) Increasing aging population

3. Challengers to achieve Sustainable Development Goals include all of the following **EXCEPT**,
 - a) equality
 - b) increasing the cost for improving infrastructure facilities
 - c) threats in maintaining peace in countries
 - d) lack of accountability

4. According to the definition of Primary Health Care Nursing, which of the following statement is **INCORRECT**?
 - a) Nurses work within a range of primary health care settings
 - b) Nurses provide first level care dependently in teams
 - c) Nurses give priority to those most in need and address health inequalities
 - d) Nurses maintain collaboration and partnership with other sectors to promote public health.

5. Essential components of ideal primary care include all of the following **EXCEPT**;
 - a). Accessibility for the patient
 - b). Practice in only the context of family
 - c). Built on the sustained partnership with patients
 - d). Serviced by professionals who are accountable for addressing a large majority of personal health care needs

6. Decisions, plans, and actions that are undertaken to achieve specific health care goals within a society is called
 - a) Health strategy
 - b) Health policy
 - c) Master plan
 - d) None of the above

7. Broad Strategic Directions of the National Health Policy include,
 - a) Appropriate and accessible high quality Curative care for all Sri Lankan Citizens.
 - b) Strengthen service delivery to achieve Preventive health goals.
 - c) Promotion of equitable access to quality rehabilitative care.
 - d) All of the above .

8. is responsible for designing and planning of maternal and child health programme and providing technical guidance for its implementation.
 - a) Ministry of Health
 - b) Epidemiology Unit
 - c) Family Health Bureau
 - d) Provincial Director of Health Services

9. One of the major services of National Dengue Control Unit includes,
 - a) Vector surveillance
 - b) Policy development
 - c) Immunization
 - d) Conducting field clinics

10. Knowledge which encourages nurses to explore possibilities, promotes individual creativity and style, and contributes to the transformative power of community health nursing is known as,
 - a) Aesthetic knowledge
 - b) Empirics/ Personal Knowledge
 - c) Ethics / moral Knowledge
 - d) Socio-political Knowledge

Part B – Matching Questions – (10 Marks)

Match Left Column with the Right Column indicating the letter corresponding to your selected response in the given brackets.

<u>Column I</u>		<u>Column II</u>
1. Reduction of extreme poverty is the main focus	(.....)	A. Hippocrates
2. Key to attaining the goal of “Health For All”	(.....)	B. Established criteria or expectations for acceptable practice
3. A major public health problem	(.....)	C. Siddha
4. Gender-based violence care centers	(.....)	D. Sumithrayo
5. Canadian community health nursing standards of practice	(.....)	E. Ayurveda
6. Grass root level unit of the community health services	(.....)	F. Millennium Development Goals
7. The father of Unani medicine	(.....)	G. Acupuncture
8. All bodily structure and functions are controlled by three humours	(.....)	H. Ministry of Health
9. Alternative system of medicine used in North Eastern province	(.....)	I. Mithuru Piyasa
10. Stimulate the production of the brain’s own pain killers ‘endorphins’.	(.....)	J. Primary Health Care
	(.....)	K. MOH office
	(.....)	L. Under nutrition
	(.....)	M. Samuel Hahnemann

Parts C - Short Answer Questions – (60 Marks)

Write answers to all questions within provided spaces.

Q1. Primary Health Care is the first level of contact of individuals, the family and community with the national health system.

1.1 Define health. (2 Marks)

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1.2 Define Primary Health Care (05 Marks)

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1.3 What are the FIVE (05) principles of PHC? (05 Marks)

- i.
- ii.
- iii.
- iv.
- v.

1.4 What are Eight (08) Millennium Development Goals? (8 Marks)

- i.
- ii.
- iii.
- iv.
- v.
- vi.
- vii.
- viii.

(Total -20 Marks)

Q2. As an undergraduate nurse you are needed to aware of development and present situation of public health nursing in Sri Lanka as well as in other countries.

2.1 Write THREE (03) recommendations of American Public Health Association in Enhancing Public Health Nursing Practice in America. (03 Marks)

- i.
- ii.
- iii.

2.2 Propose THREE (03) strategies in improving public health nursing in Sri Lanka. (03 Marks)

- i.
- ii.
- iii.

2.3 "Public Health Nursing Officer (PHNO)" position was re-established recently in Sri Lanka.

a) As declared by the Ministry of Health, what are FOUR (04) main areas comprises of their duties (04 Marks)

- i.
- ii.
- iii.
- iv.

b). Mention FIVE (05) duties that PHNO can perform in elderly Care. (05 Marks)

- i.
- ii.
- iii.
- iv.
- v.

2.4 Mention FIVE (05) duties that PHNO can perform in palliative care. (05 Marks)

- i.
- ii.
- iii.
- iv.
- v.

(Total -20 Marks)

Q3. Community health nurses are working according to the principles of community health nursing.

3.1 List SEVEN (07) of principles of community health nursing. (07 Marks)

- i.
- ii.
- iii.
- iv.
- v.
- vi.
- vii.

3.2 Identify FIVE (05) roles of community health nurse **except** the role mentioned in 3.3. (05 Marks)

- i.
- ii.
- iii.
- iv.
- v.

3.3 "Community educator" is one of the key roles of a community health nurse. Considering above statement answer for the following sections.

A. TWO (02) community settings where she can educate the community people (02 Marks)

- i.
- ii.

B. TWO (02) topic areas which she can choose in educating the people (02 Marks).

- i.
- ii.

C. Identify FOUR (04) points she can include under any one of the above mentioned topic areas (04 Marks)

- i.
- ii.
- iii.
- iv.

(Total -20 Marks)

Part D: Structured Essay Question (20 Marks)

There is a one question with TWO (02) sections. Answer all in the provided spaces.

A. Name Sustainable Development Goals (at least 10 goals except the goal mentioned in Section B). (10 Marks)

- i.
- ii.
- iii.
- iv.
- v.
- vi.
- vii.
- viii.
- ix.
- x.
- xi.
- xii.
- xiii.
- xiv.
- xv.
- xvi.

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